



## Department of Developmental Disabilities Strengthening Family Connections

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### **The Event**

#### **Unlock Your Strength, Live Your Potential**

The Family Engagement Series is designed to unlock your strength, build a foundation, and learn skills and strategies to manage family stressors. These hands-on sessions will teach you practical ways to manage pressure, patience, and learn creative ways to modify your existing methods of coping and caring for those you love.

The Family Engagement Series will be an opportunity for families to get personal and work together to solve common — and uncommon — family stressors. Moderators will work with each group's real-life obstacles to find solutions that work for your entire family. Your presence is important because we cannot have these conversations without you.

#### **REGISTRATION**

[Southwest](#) [Southeast](#) [Northeast](#) [Northwest](#) [Central](#)

When registering for the Family Engagement Series you must commit to attending four (4) sessions. Please select one session (AM or PM) from each day (Day 1, Day 2, Day 3, Day 4). More than one family member is welcome to attend the series, but they should be registered and committed to attending the same sessions.

If you have any questions about the series or the registration process, please contact Steve Beha at [steven.beha@dodd.ohio.gov](mailto:steven.beha@dodd.ohio.gov) or 614-466-4085.

#### **Short video (Hook), longer video explanation**

DODD will be [sharing this video](#) on social media. Here is [a longer video](#) that helps explain what will happen in the sessions.