

**ATTACHMENT B**  
**MODIFIED RESTRAINT CHECK SHEET**

**Individual Name:** \_\_\_\_\_ **OISP Date:** \_\_\_\_\_

Program Area: \_\_\_\_\_

Risk Behavior resulting in restraint: \_\_\_\_\_

Senior or Master Level Instructor: \_\_\_\_\_

Designated Instructor's review date: \_\_\_\_\_

Summary analysis of CPI Intervention problems documented on Incident Report, observed and from interviews with assigned staff during postvention debriefing:

Checklist

- 1) Supportive stance? Yes/No  
Paraverbal communication appropriate? Yes/ No comments:
- 2) Crisis Development Model level one:
  - a. What sign of anxiety did the team identify for that individual?
  - b. What supportive responses did the team use?
- 3) Crisis Development Model level two
  - a. How did the team identify that the individual had become defensive?
  - b. What Verbal Escalation Continuum responses did the team use (directive prompts, limit setting, if/when if/then)?
  - c. Were set appropriately?
- 4) Crisis Development Model level Three: Risk Behavior
  - a. Was the Physical Skills Review Framework applied? Yes/No
  - b. Were the following approaches for safe and effective team intervention applied?
    - 1) Assessing the environment  
Identifying potential hazards and an escape route?  
Applying Decision Making Matrix used?
    - 2) Team Strategies  
Did everyone know when to put hands on?  
Were staff in the correct or optimum positions to put hands on?  
Did all team members know their roles in the intervention?
    - 3) Using Psychological distractions prior to physical entry?  
(Nonverbal, Verbal and Surroundings) What options were used?
  - c. Control Dynamics of Team control used correctly
    - 1) Back incline Yes/No Comments
    - 2) Arms/ legs Yes/No Comments
    - 3) Hips Yes/No Comments
  - d. Other options discussed

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- 5) Was Therapeutic Rapport established?
- a. Using the COPING model for staff debriefing, what changes were made to the use of Non-violent Crisis Interventions?

Summary of Alternative methods systematically implemented and documented as unsuccessful:

Description of potential risks of the behavior that outweigh the risks of restraint: