



LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES / DEEPWOOD

Community Recreation Program Brochure



Fall 2024



September - December

This Community Recreation Program brochure of activities is provided by the LCBDD/Deepwood Recreation Department and is offered to individuals who reside in Lake County and who have been determined eligible for County Board services.

The Recreation Department does not dispense any medications. If you will be taking medication, please notify us (see our medication policy in this packet).

Questions? Contact (440) 350-5165.

Go to our website at www.lakebdd.org/community-recreation-program/ to view county board recreation services and **REGISTER ONLINE.**

If you are interested in signing up to attend any of the **FALL 2024** activities, please register by **August 30, 2024** via *one* of five ways:

Website	Register at https://lakebdd.org/community-recreation-registration/ .
Call/Email	Contact the Recreation Specialist associated with the activity of interest, call (440) 350-5165, or email recreation@lakebdd.org .
Mail/Drop Off	Fill out the registration form and drop off/send to: Lake County Board of DD/Deepwood c/o Recreation Services 8121 Deepwood Boulevard, Mentor, OH 44060

If you miss the registration deadline and still wish to participate, please give us a call!

DO NOT send money at time of registration. Please bring any fees/payment to the activity.

Are you interested in **volunteering** for Community Recreation or Special Olympics activities?

Call 440-350-5173, email info@lakebdd.org, or contact the Recreation Specialist.

Community Recreation Activities - On Campus Activities

Wednesday Night Bingo



- What:** B-I-N-G-O! Play for cool prizes and have fun with friends!
Where: VGC Cafeteria
When: First Wednesdays from 5:00pm - 6:30pm
September 4 October 2 December 4
November 20 (Note: This is a TUESDAY.)
Cost: FREE (Bring Money for Snacks.)
Questions? Contact Deb at 440-350-5149 or deb.topalian@lakebdd.org

Tuesday Night Movies



- What:** Join Recreation for Movie Night!
Where: VGC Training Room (Brown Room)
When: Every second and fourth Tuesday from 5:30pm - 7:30pm
September 10: Greece, September 24: Lady and the Tramp
October 8: Hotel Transylvania, October 22: Halloweentown High
November 12: Wall-E, November 26: The Pacifier
December 10: The Santa Claus 3 - The Escape Claus
NO MOVIE ON DECEMBER 24
Movies subject to change based on availability
Cost: FREE (Bring Money for Snacks)
Questions? Contact Deb at 440-350-5149 or deb.topalian@lakebdd.org

Karaoke Night



- What:** Come sing and dance with friends!
Where: VGC Training Room (Brown Room)
When: Thursday, September 26 from 5:00pm – 6:30pm
Cost: FREE (Feel free to bring your dinner – light snacks provided.)
Questions? Contact Ellana at 440-350-5137 or Ellana.fishwick@lakebdd.org

Craft Nights



- What:** Seasonal craft and light snack/drink included.
Where: VGC Cafeteria
When: Wednesdays, October 16 (Halloween) and
December 18 (Christmas) from 5:00pm - 6:00pm
Cost: \$10 each night
Questions? Contact Kara at 440-350-5144 or kara.shubert@lakebdd.org

Deepwood Pizza Company



- What:** Come make your own pizza! Sauce it up and pick your favorite ingredients and chefs will bake it.
- Where:** VGC Cafeteria
- When:** Thursday, October 24 from 6:00pm – 7:30pm
- Cost:** \$10
- Questions?** Contact Mike at 440-350-5136 or mike.terhart@lakebdd.org

NERF Shooting Gallery (Halloween)



- What:** Wear your costume and practice your shot at this year's Halloween-themed shooting gallery!
- Where:** VGC Training Room (Brown Room) and Cafeteria
- When:** Tuesday, October 29 from 5:00pm - 6:30pm
- Cost:** \$5 – Pizza and snacks provided.
- Questions?** Contact Michael at 440-350-5235 or michael.shubert@lakebdd.org

Halloween Bonfire



- What:** Enjoy a bonfire and s'mores while dressed in your Halloween costume! Best costume wins a special prize!
- Where:** Recreation Site
- When:** Wednesday, October 30 from 5:30pm-7:00pm
- Cost:** \$5
- Questions?** Contact Sarah 440-350-5232 or sarah.hurley@lakebdd.org

Paint and Sip



- What:** Enjoy a mocktail mimosa and donuts as you follow along to create a beautiful snowman painting!
- Where:** VGC Cafeteria
- When:** Saturday, November 16 from 10:00am - 12:00pm
- Cost:** \$10
- Note:** Please arrive on time – you will need to follow along to complete your painting.
- Questions?** Contact Sarah at 440-350-5232 or sarah.hurley@lakebdd.org

Christmas Gift Exchange



- What:** Let's get in the Christmas spirit with a gift exchange game! Bring a new \$10 gift of your choice to give to someone else.
- Where:** VGC Training Room (Brown Room) and Cafeteria
- When:** Wednesday, December 11 from 5:00pm - 6:30pm
- Cost:** \$5 – Plus bring your new, WRAPPED, \$10 gift!
- Questions?** Contact Michael at 440-350-5235 or michael.shubert@lakebdd.org

Community Trips

Hot Wheels Monster Trucks Live



- What:** Enjoy watching Hot Wheels Monster Trucks come to LIFE!
- Where:** Meet at the Rec. Site, Travel to Rocket Mortgage Fieldhouse
- When:** Friday, September 6 from 7:00pm – 10:45pm
- Cost:** \$40 – Limited to 12 participants.
- Questions?** Contact Mike at 440-350-5136 or mike.terhart@lakebdd.org

Friday Night Football (Mentor vs. Medina)



- What:** Join the Rec. department for Friday Night Lights!
- Where:** Meet at the Recreation Site, Travel to Mentor High School
- When:** Friday, September 13 from 6:15pm - 9:30pm
- Cost:** \$15 – Bring extra for snacks
- Questions?** Contact Michael at 440-350-5235 or Michael.shubert@lakebdd.org

Shopping and Lunch in Erie, PA



- What:** Enjoy a day of shopping with lunch at Millcreek Mall!
- Where:** Meet at the Recreation Site, travel to Erie, PA
- When:** Saturday, September 14 from 9:00am-3:00pm
- Cost:** \$20 for Lunch, Plus Spending Money for Shopping
- Note:** Limited to 12 participants.
- Questions?** Contact Kara at 440-350-5144 or kara.shubert@lakebdd.org

Sunbeau Valley Farm Balloon-A-Fair



- What:** Enjoy an evening of live music and festivities, followed by a glowing hot air balloon release!
- Where:** Meet at the Recreation Site, travel to Ravenna
- When:** Friday, September 20 from 5:30pm-10:00pm
- Cost:** \$5, Bring extra money for dinner and vendors.
- Questions?** Contact Sarah at 440-350-5232 or sarah.hurley@lakebdd.org

Apple Picking and a Visit to the Pumpkin Patch



- What:** Let's go apple picking at Patterson's, have lunch, and then pick a pumpkin at Mulberry Corner!
- Where:** Meet at the Recreation Site, Travel to Chesterland
- When:** Sunday, October 6 from 9:30am-1:00pm
- Cost:** \$10 (Plus additional spending money.) Please pack a lunch.
- Questions?** Contact Deb at 440-350-5149 or deb.topalian@lakebdd.org

Cuyahoga Valley Scenic Railroad and Brunch



- What:** All aboard! Enjoy brunch together, then take a scenic tour of the Cuyahoga Valley from the train.
- Where:** Meet at the Recreation Site, Travel to Peninsula Station
- When:** Friday, October 11 from 8:00am - 2:45pm
- Cost:** \$22 – Bring extra money for breakfast and train snacks.
- Note:** Limited to 12 participants.
- Questions?** Contact Sarah 440-350-5232 or sarah.hurley@lakebdd.org

Willoughby Ghost Walk



- What:** Take a walking tour through historic Downtown Willoughby and learn about all of the spooky haunts!
- Where:** Meet at the Recreation Site; travel to Downtown Willoughby
- When:** Wednesday, October 23 from 6:30pm – 9:00pm
- Cost:** FREE
- Notes:** Must be able to ascend/descend stairs.
- Questions?** Contact Ellana 440-350-5137 or ellana.fishwick@lakebdd.org

Frankenmuth Christmas Village and Waterpark



- What:** Enjoy the Bavarian Christmas town and stay at a waterpark resort!
- Where:** Meet at the Recreation Site, Travel to Zehnder's Splash Village in Frankenmuth, Michigan.
- When:** Tuesday, November 5 – Thursday, November 7
- Drop Off:** Tuesday, November 5 at 11:00am at Recreation Site
- Pick-Up:** Thursday, November 7 at 2:00pm at Recreation Site
- Cost:** TBD - \$300 (includes lodging, waterpark, and meals)
- Questions?** Contact Ellana at 440-350-5137 or Ellana.fishwick@lakebdd.org

Casino Trip



- What:** Feeling lucky? Let's find out at MGM Northfield Park!
- Where:** Meet at the Recreation Site, Travel to MGM Northfield Park
- When:** Friday, November 8 from 10:00am-2:00pm
- Cost:** \$20 – Bring spending money and a valid ID! Must be 21+.
- Questions?** Contact Michael at 440-350-5235 or Michael.shubert@lakebdd.org

Monsters Hockey Game



- What:** Cheer on Cleveland's own Lake Erie Monsters Hockey team!
- Where:** Meet at the Recreation Site, Travel to Rocket Mortgage Fieldhouse
- When:** Wednesday, November 13 from 6:00pm - 10:30pm
- Cost:** TBA \$25-30 – Limited to 14 participants.
- Questions?** Contact Mike at 440-350-5136 or mike.terhart@lakebdd.org

Kraynak's Christmas Store / Daffin's Chocolates



- What:** Enjoy shopping for the holidays and seeing the displays at Kraynak's and Daffin's.
- Where:** Meet at the Recreation Site, then travel to Hermitage, PA
- When:** Friday, November 15 from 9:00am - 5:00pm
- Cost:** Bring spending money and \$25 for lunch.
- Note:** Limited to 12 participants.
- Questions?** Contact Kara at 440-350-5144 or kara.shubert@lakebdd.org

Magic of Lights Tour



- What:** Check out the amazing light show!
Where: Meet at the Recreation Site, Travel to Cuyahoga County Fairgrounds
When: Thursday, December 12 from 5:30pm – 8:00pm
Cost: \$5
Questions? Contact Ellana at 440-350-5137 or Ellana.fishwick@lakebdd.org

**When you are signed up for an activity, you will receive a confirmation memo.
If you are unsure or have questions, please call 440-350-5165.**

This Community Recreation Program brochure of activities is provided by the LCBDD / Deepwood Recreation Department and is offered to individuals who reside in Lake County and who have been determined eligible for County Board services.

Additionally, we have begun offering activities for specific groups.
Please reference the information below and contact the corresponding Recreation Specialist for more information.

School-Age (up to age 22 years)	Contact 440-350-5232 or Sarah.Hurley@LakeBDD.org
NEXT Club (ages 22 – 40 years)	Contact 440-350-5235 or Michael.Shubert@LakeBDD.org
Fun Days Group (Tuesdays/Thursdays)	Contact 440-350-5144 or Kara.Shubert@LakeBDD.org

Contact 440-350-5165 or Recreation@LakeBDD.org with any questions and/or to be matched with the activities that interest you!



Special Olympics

Registration Form. Check off any/all Special Olympics sports that you are interested in below:

___ **S.O. BASKETBALL:**

Tuesdays and Thursdays beginning October 17
5:30-7:00pm at Broadmoor Gym



___ **S.O. COMPETITIVE SWIMMING:**

Fridays beginning December 13
4:00-5:00pm at West End YMCA



___ **CROSS COUNTRY SKIING / SNOWSHOEING:**

Tuesdays beginning January 7
3:30-4:30pm at Recreation Site



___ **ALPINE SKIING / SNOWBOARDING:**

Wednesdays beginning January 8
Time and location TBA
Prior Experience Required

___ **INTERESTED IN BECOMING AN AMBASSADOR FOR YOUR SPORT, LAKE COUNTY, AND SPECIAL OLYMPICS EVERYWHERE?** Sign up to get more info and learn how to get started!

Questions? Contact Chris at 440-350-5199 or chris.bundy@lakebdd.org

IMPORTANT: Return this page with your information to sign up.

Special Olympics FALL 2024 Sports

Please bring a bottle of water and wear comfortable clothing.

Name:

Age:

Phone:

Email Address:

REGISTRATION DUE by AUGUST 30, 2024.

Email/scan to chris.bundy@lakebdd.org or send via US Mail to:

Lake County Board of DD/Deepwood

c/o Special Olympics

8121 Deepwood Boulevard

Mentor, OH 44060

LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

Recreation and Special Olympics Program MEDICATION PROTOCOL



Attention all Recreation Participants, Parents, Guardians, and Providers

This memo is to clarify how medications will be addressed while on Recreation Community Program activities. The following is the procedure for the administration of medications:

- A. Participants who are able to safely self-administer prescribed medication with or without assistance shall administer his/her own medication independently or receive assistance, as applicable.
- B. The medication may be kept by the participant or with the recreation staff assigned to the activity. Storage of medication will be at the discretion of the recreation staff based on the activity.
- C. If the participant requires medication while on a recreation activity, and is able to self-administer or self-administer with assistance; written notification must be given to Recreation Services staff prior to that activity, including the following information:
 1. Participant's self-administration status (i.e. able to self-administer, able to self-administer with assistance);
 2. Type of assistance required for self-administration (If applicable);
 3. Name of medication(s);
 4. Date and time medication is to be administered; and
 5. Dosage and quantity of medication to be administered.

In accordance with Rule 5123:2-6-02 Self-Administration or assistance with self-administration of prescribed medication; when an individual has been assessed as able to safely self-administer prescribed medication or self-administer prescribed medication with assistance, developmental disabilities personnel are not authorized to verify accuracy of medication being taken by the individual on a routine basis unless specified in the individual's service plan.

D. If the participant requires medication administration by licensed or certified personnel, contact the Recreation Department **PRIOR TO** registering for any activity to discuss available options for the participant's medication needs to be met per the LCBDD Recreation and Special Olympics Medication Protocol Departmental Procedure.

This procedure will be strictly adhered to and participants cannot attend activities without prior notification and/or an agreed upon plan to that complies with applicable Rules.

Thank you for your cooperation in assisting us to ensure everyone's safety during these activities. Our fax number is (440) 350-5135. Please call (440) 350-5165 if you have any questions.

FALL 2024 COMMUNITY RECREATION PROGRAM BROCHURE

Indicate which activities that you wish to register for below. Email/scan this form to Recreation@lakebdd.org or send via US Mail before **AUGUST 30, 2024**.

Name:	Age:	Date of Birth:
Address:	City:	Zip:
Phone Numbers:	Day:	Evening:

Email for activity contact:

I understand that photos may be taken at this event and used for county board marketing purposes. Registration is consent for image use. NOTIFY THE RECREATION SPECIALIST IF YOU DO NOT WISH FOR YOUR PICTURE TO BE TAKEN.

September 4, October 2, November 20, December 4	Wednesday Night Bingo
September 10 and 24, October 8 and 22, November 12 and 26, December 10	Tuesday Night Movies
September 26	Karaoke Night
October 16, December 18	Craft Nights
October 24	Deepwood Pizza Company
October 29	NERF Shooting Gallery (Halloween)
October 30	Halloween Bonfire
November 16	Paint and Sip
December 11	Christmas Gift Exchange

****CHOOSE ONLY THREE ACTIVITIES LISTED BELOW.****

The activities listed below have limited capacities for participation. Indicate the activities you are interested in (up to three) and we will do our best to accommodate. Thank you!

September 6	Hot Wheels Monster Trucks Live
September 13	Friday Night Football
September 14	Shopping and Lunch in Erie, PA
September 20	Sunbeau Valley Farm Balloon-A-Fair
October 6	Apple Picking and a Visit to the Pumpkin Patch
October 11	Cuyahoga Valley Scenic Railroad and Brunch
October 23	Willoughby Ghost Walk
November 5 – 7	Frankenmuth Christmas Village and Waterpark
November 8	Casino Trip
November 13	Monsters Hockey Game
November 15	Kraynak's Christmas Store / Daffin's Chocolates
December 12	Magic of Lights Tour

**WAIVER OF LIABILITY
LCBDD Recreation/Special Olympics Activities**

In consideration of the opportunity afforded me to participate in Recreation/Special Olympics activities with the Lake County Board of DD, in which I have and will participate freely and voluntarily, and in light of this opportunity afforded me, and the aims and services provided to individuals with developmental disabilities by the Lake County Board of DD, I hereby waive any rights or causes of action against the Lake County Board of DD, its board members, managers, employees, officers, directors, participants, collectively or individually, for any and all personal injury to me or members of my family, or damage to my property sustained in connection with my activities or travel for the Lake County Board of DD, or my participation in such activities. I fully understand that the activities in which I will engage might include, but are not limited to, physical activity and contact.

I further understand the inherent risk of contracting COVID-19 through coaching or participating in sports, competition and/or any group activity offered by the Lake County Board of DD. I also understand that an individual with an intellectual disability and/or with high-risk conditions may be at a higher risk of experiencing an adverse outcome, up to and including severe disability or death, should they become infected with COVID-19. I understand this and am choosing to coach or participate in sports, competition, and/or other similar activities at my own risk.

The undersigned further declares and represent that no promise, inducement or agreement not herein expressed has been made to the undersigned and that this Waiver contains the entire agreement between the parties hereto, and that the terms of this Waiver are contractual and not mere recital.

CAUTION: READ BEFORE SIGNING. THIS IS A WAIVER OF ALL YOUR RIGHTS.

The undersigned acknowledges READING AND FULLY UNDERSTANDING THE TERMS OF THIS WAIVER.

PARTICIPANT SIGNATURE (required for any adult with capacity to sign legal documents) *by signing this Waiver, I acknowledge that I have completely read and fully understand the potential risk to my participation.*

Participant Signature: _____ Date: _____

PARENT/GUARDIAN SIGNATURE (required for anyone who is a minor or lacks capacity to sign legal documents)

I am a parent or guardian of the Individual named above. I have read and understand this Waiver and have explained the contents to the Individual as appropriate. By signing, I agree to this Waiver on my own behalf and on behalf of the Individual.

Parent/Guardian Signature: _____ Date: _____

Printed Name: _____ Relationship: _____

LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

Recreation Community Program NOTIFICATION OF INFORMATION

Thank you for your participation in the LCBDD Recreation Department's catalog of activities!

In order to provide cost savings, we will be sending the Recreation Community Program quarterly catalog of activities via email to those interested. If your email address changes, please let us know so you will continue to receive information about our Recreation Community Program catalog of activities.

Your contact information:

Name: _____

Email Address: _____

STAY CONNECTED



Lake County Board of Developmental Disabilities/Deepwood

For the latest updates from the LCBDD/Deepwood, sign up to receive our E-News to your inbox!



SUBSCRIBE

Subscribe to our E-News to receive a monthly email highlighting agency news and upcoming events by completing a short form on our website www.LakeBDD.org.

To be directed to our social media pages and website:

- Open the camera app on your smartphone.
- Focus the lens on the QR code below.
- Click the link when it pops up!



LAKE COUNTY BOARD
OF DD / DEEPWOOD
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