LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD School Age/Transition Recreation Program







This School Age/Transition program of activities is provided by the LCBDD/Deepwood Recreation Department and is offered to all school-aged Individuals (up to 22 years old) eligible for County Board services. New to LCBDD? Contact the SSA Team to get started at: (440) 350-5145 or go online at <u>https://lakebdd.org/eligibility/</u>

Go to our website at <u>www.lakebdd.org/community-recreation-program/</u> to view the School-Age/Transition Recreation program and register online.

If you would like to request the School-Age/Transition Recreation Program be sent to you via email or USPS mail, contact us at 440-350-5165 or <u>sarah.hurley@lakebdd.org</u>.

Website	Register at: <u>https://lakebdd.org/community-recreation-program/</u>			
Call/Email	Contact Recreation at (440) 350-5165 or email sarah.hurley@lakebdd.org			
Mail	Fill out the registration form and mail it to:			
	Lake County Board of DD/Deepwood c/o Recreation Services			
	8121 Deepwood Boulevard, Mentor, OH 44060			

Please register for all activities by <u>August 30, 2024</u> via *one* of four ways:

If you miss the registration deadline and still wish to participate, please give us a call!

DO NOT send money at this time. If a fee is due, please bring payment at the time of activity.

Clubs

Fit Club



What: Where: When:

Cost:

Note:

Workout with friends in our very own training center! Meet at Broadmoor School Special Olympics Training Center 4:00 pm – 5:00 pm on Tuesdays September 3, 17 October 1, 15, 29 November 12, 26 December 10 FREE Bring a bottle of water and wear covered toe shoes.

Fall Foliage Hiking Club



What:	Explore the changing colors of fall through a series of hikes at some of the most beautiful parks in Northeast Ohio!		
Where:	Meet at the Recreation Site, Travel to local parks		
When:	Tuesday, September 10 from 4:30 pm - 6:00 pm		
	Wednesday, September 18 from 4:30 pm - 6:00 pm		
	Wednesday, October 2 from 4:30 pm - 6:00 pm		
Cost:	FREE		
Note:	Please wear comfortable covered footwear and bring water.		

Bowling Club



Have some "spare" time? Meet monthly to bowl with Rec!			
Meet at Recreation Site, Travel to bowl at Rollhouse			
Thursdays from 4:00 pm - 6:00 pm			
September 19, October 17, November 21			
Tuesday, December 17 from 4:00 pm - 6:00 pm			
\$11.00 (\$6.00 if you do not need shoes)			

Creative Arts Club

A la	What:	Art is for everyone! Come express your creativity!		
	Where:	Recreation Site		
	When:	Tuesday, September 24 from 5:00 pm- 6:30 pm (Scarecrow)		
		Friday, October 25 from 5:00 pm - 6:30 pm (Pumpkin Carving)		
		Tuesday, November 19 from 5:00 pm - 6:30 pm (Snow Globe)		
111	Cost:	\$10.00 (See memo for individual craft prices.)		

FREE (\$5.00 for pizza party day.)

Recreation Site

On Campus Events

Intro to Archery



Thursday Movie Nights



0	
What:	Meet with friends to watch Disney hits and more, old and new!
Where:	VGC Training Room
When:	September 5- Into the Woods from 4:30 pm - 7:00 pm
	October 3- Hotel Transylvania 1 & 2 from 4:30 pm - 7:30 pm
	November 7- Inside Out 2 from 4:30 pm - 6:30 pm
	December 12- How the Grinch Stole Christmas from 4:30 - 7:00 pm
Cost:	\$5.00 for pizza and pop (Please specify pepperoni or cheese pizza.)

Learn the basics of archery and work on your skills to join in on the

end of year skill demo and pizza party at Hidden Lake Range!

Saturday, October 19 from 9:00 am - 11:00 am (Demo/Pizza)

Must be able to follow safety guidelines and instructions.

Fridays, September 6 and 20, October 4 from 4:00 pm - 5:00 pm Wednesdays, September 25 and October 9 from 5:30 pm - 6:30 pm

Community Trips

Ramseyer Farms Sunflower Day

	What:	Explore the sunflower fields of Ramseyer Farms and then enjoy a picnic lunch amongst the fun farm filled activities.				
	Where:	Meet at the Recreation Site, Travel to Wooster				
When:		Saturday, September 21 from 9:00 am - 2:30 pm				
	Cost:	\$20.00 (extra \$10 for fresh cut sunflowers)				
Note: F		Please pack a lunch to eat. (There are concessions available if you				
		wish to purchase a snack there, please bring extra money.)				

Movie Day



Enjoy the latest films at Atlas Diamond Center! Movie TBA. What: Where: Meet at the Recreation Site, Travel to Atlas Cinema When: Tuesday, September 24 from 9:15 am - 1:30 pm \$12.00 (includes ticket and popcorn/drink) Please pack a lunch to eat. Note:

Old West Pumpkin Fest

Cost:



What:	Enjoy an early afternoon of fall festivities including a hay ride,			
	pumpkin picking, petting farm, and more!			
Where:	Meet at the Recreation Site, Travel to Columbia Station			
When:	Saturday, October 5 from 10:45 am - 3:30 pm			
Cost:	\$15.00 (Bring extra money for concessions and pack a lunch.)			

Laser Tag Day



What:	Play a few rounds of laser tag, then enjoy lunch together!			
Where:	Meet at the Recreation Site, Drive to Whirlyball			
When:	Saturday, November 23 from 10:30 am - 1:00pm			
Cost:	\$15.00			
Note:	Please pack a lunch or bring extra money for Chick-Fil-A.			

Castle Noel Tour



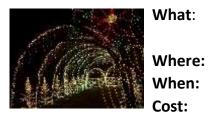
What:	Explore the history of holiday movies as you tour the expansive			
	museum collection at Castle Noel! Walking tour is 2 hours long.			
Where:	Meet at the Recreation Site, Travel to Medina			
When:	Saturday, December 7 from 9:00 am - 2:30 pm			
Cost:	\$32.00			
Note:	Limit 10 sign-ups. Walking tour lasts 2 hours. Must be comfortable			
	with large crowds and flashing lights.			

CVSR North Pole Adventure

No.	What:	All aboard! Take in the magic of the holiday season on a cozy ride to				
		the North Pole, complete with cookies, cocoa, and Santa!				
	Where:	Meet at the Recreation Site, Travel to Akron for 7:55 pm Departure				
	When:	en: Friday, December 13 from 6:00 pm - 10:30 pm				
N IF		DATE/TIME/PRICE SUBJECT TO CHANGE BASED ON AVAILABILITY.				
5 15	Cost:	\$50.00				
	Note:	Limit of 6 sign-ups, register ASAP to confirm. Wear your pajamas!				

Learn more about the Lake County Board of Developmental Disabilities/Deepwood at www.lakebdd.org

Magic of Lights Show



Enjoy a ride to the Cuyahoga County Fairgrounds and gaze at over 2 million twinkling holiday lights! Meet at the Recreation Site, Travel to Cuyahoga County Fairgrounds Wednesday, December 18 from 6:00 pm- 9:00 pm \$10.00

School Age Students Exclusive (Ages 10-14)

Walk in the Park with Recreation



What: Get an introduction to the Recreation Site with your parents and caregivers as you walk the fit trail, play a few yard games, and meet others!
Where: Recreation Site
When: Saturday, September 7 from 10:00 am - 11:30 am
Cost: FREE
Note: Light snacks provided.

Secret Santa Gift Exchange



What: Join in on a Secret Santa gift exchange to meet others who are interested in Recreation Services and celebrate the holiday season!
Where: VGC Training Room
When: Saturday December 14 from 10:00 am – 12:00 pm
Cost: \$10.00 gift
Note: Light refreshments provided. MUST provide email to be part of \$10 gift exchange.



Transition Students Exclusive (Ages 14-22)

Youth Empowerment Group



What: Meet with SSAs and friends to learn & talk about topics like self-advocacy, independence, effective communication, community participation, and more.
Where: 8121 Deepwood Blvd, Building C, Mentor OH 44060
When: Second Thursdays from 5:30 - 6:30 pm (October 10, November 14)
Notes: Participants must be Lake County students aged 14-22 years old who are eligible for LCBDD services. Food will be provided and a parent café will be open for parent collaboration during the meetings. Doors open at 5:00 pm.
Cost: FREE

Register at Transition.Services@lakebdd.org or (440) 350-5071.

Fall Fest



What: Join Recreation and the SSA department to learn more about the LCBDD and Rec, enjoy fall activities, relax in the parent café, and more!
Where: Recreation Site
When: Thursday, September 12 from 5:30 pm - 7:00 pm
Notes: When signing up, include all family attending in addition to the student.
Parent-to-Parent informational session will occur at the same time as Fall Fest.
Cost: FREE. Light snacks provided.
Register at Transition.Services@lakebdd.org or (440) 350-5071.

Winter Wonderland



What: Enjoy snacks, sweets, and holiday festivities sponsored by Recreation and the Transition SSA Team while you learn more about what the LCBDD can offer!
Where: VGC Training Room
When: Thursday, December 5 from 5:30 – 7:00 pm
Cost: FREE
Note: Light refreshments provided.
Register at Transition.Services@lakebdd.org or (440) 350-5071.

Special Olympics

Registration Form. Check off any/all Special Olympics sports that you are interested in below:

_____ S.O. BASKETBALL:

Tuesdays and Thursdays beginning October 17 5:30-7:00pm at Broadmoor Gym

S.O. COMPETITVE SWIMMING:

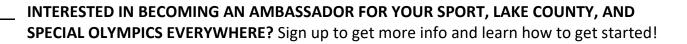
Fridays beginning December 13 4:00-5:00pm at West End YMCA

CROSS COUNTRY SKIING / SNOWSHOEING: Tuesdays beginning January 7

3:30-4:30pm at Recreation Site

_ ALPINE SKIING / SNOWBOARDING:

Wednesdays beginning January 8 Time and location TBA Prior Experience Required



Questions? Contact Chris at 440-350-5199 or chris.bundy@lakebdd.org

IMPORTANT: Return this page with your information to sign up.

Special Olympics FALL 2024 Sports Please bring a bottle of water and wear comfortable clothing.					
Name: Age: Phone:					
Email Address:					

REGISTRATION DUE by AUGUST 30, 2024.

Email/scan to chris.bundy@lakebdd.org or send via US Mail to:

Lake County Board of DD/Deepwood

c/o Special Olympics

8121 Deepwood Boulevard

Mentor, OH 44060

Learn more about the Lake County Board of Developmental Disabilities/Deepwood at www.lakebdd.org

Name	2:		Age/DOB:		
Addr	ess:		City:	Zip:	
Cell I	Number(s):	Er	nail:		
	erstand that photos may be taken at r ration is consent for image use. NOTIFY S				
ILC BIJC	Date of activity	Activity			
	CLUBS/ON-CAMPUS ACTIVITIES				
	September 3 and 17, October 1, 15, and 29, November 12 and 26, December 10	Fit Club			
ng	September 10 and 18, October 2	Fall Fol	iage Hikers Club		
Listed, Please Circle One(s) Attending	September 19, October 17, November 21, December 17	Bowling Club			
	September 24, October 25, November 19	Creative Arts Club			
	September 6, 20, and 25 October 4, 9, and 19	Intro to Archery			
l, Pleas	September 5, October 3, November 7, December 12	Thursday Movie Nights			
isted	September 12	Fall Fest sign up at: <u>Transition.Services@lakebdd.org</u>			
	December 5	Winter	nter Wonderland <u>Transition.Services@lakebdd.org</u>		
lf Multiple Dates are	September 7, December 14	School Age (Ages 10-14) Walk in Park / Gift Exchange			
Da	COMMUNITY TRIPS				
tiple	September 21	Ramseyer Farms Sunflower Day			
Mult	September 24	Movie Day			
If	October 5	Old West Pumpkin Fest			
	November 23	Laser Tag Day			
	December 7	Castle Noel Tour			
	December 13	CVSR N	orth Pole Adventur	e - SIGN UP ASAP	
	December 18	Magic o	of Lights		

LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

Recreation and Special Olympics Program MEDICATION PROTOCOL



Attention all Recreation Participants, Parents, Guardians, and Providers

This memo is to clarify how medications will be addressed while on Recreation Community Program activities. The following is the procedure for the administration of medications:

A. Participants who are able to safely self-administer prescribed medication with or without assistance shall administer his/her own medication independently or receive assistance, as applicable.

B. The medication may be kept by the participant or with the recreation staff assigned to the activity. Storage of medication will be at the discretion of the recreation staff based on the activity.

C. If the participant requires medication while on a recreation activity, and is able to self-administer or selfadminister with assistance; written notification must be given to Recreation Services staff prior to that activity, including the following information:

1. Participant's self-administration status (i.e. able to self-administer, able to self-administer with assistance);

- 2. Type of assistance required for self-administration (If applicable);
- 3. Name of medication(s);
- 4. Date and time medication is to be administered; and
- 5. Dosage and quantity of medication to be administered.

In accordance with Rule 5123:2-6-02 Self-Administration or assistance with self-administration of prescribed medication; when an individual has been assessed as able to safely self-administer prescribed medication or self-administer prescribed medication with assistance, developmental disabilities personnel are not authorized to verify accuracy of medication being taken by the individual on a routine basis unless specified in the individual's service plan.

D. **If the participant requires medication administration by licensed or certified personnel**, contact the Recreation Department **PRIOR TO** registering for any activity to discuss available options for the participant's medication needs to be met per the LCBDD Recreation and Special Olympics Medication Protocol Departmental Procedure.

This procedure will be strictly adhered to and participants cannot attend activities without prior notification and/or an agreed upon plan to that complies with applicable Rules.

Thank you for your cooperation in assisting us to ensure everyone's safety during these activities. Our fax number is (440) 350-5135. Please call (440) 350-5165 if you have any questions.

WAIVER OF LIABILITY LCBDD Recreation/Special Olympics Activities

In consideration of the opportunity afforded me to participate in Recreation/Special Olympics activities with the Lake County Board of DD, in which I have and will participate freely and voluntarily, and in light of this opportunity afforded me, and the aims and services provided to individuals with developmental disabilities by the Lake County Board of DD, I hereby waive any rights or causes of action against the Lake County Board of DD, its board members, managers, employees, officers, directors, participants, collectively or individually, for any and all personal injury to me or members of my family, or damage to my property sustained in connection with my activities or travel for the Lake County Board of DD, or my participation in such activities. I fully understand that the activities in which I will engage might include, but are not limited to, physical activity and contact.

I further understand the inherent risk of contracting COVID-19 through coaching or participating in sports, competition and/or any group activity offered by the Lake County Board of DD. I also understand that an individual with an intellectual disability and/or with high-risk conditions may be at a higher risk of experiencing an adverse outcome, up to and including severe disability or death, should they become infected with COVID-19. I understand this and am choosing to coach or participate in sports, competition, and/or other similar activities at my own risk.

The undersigned further declares and represent that no promise, inducement or agreement not herein expressed has been made to the undersigned and that this Waiver contains the entire agreement between the parties hereto, and that the terms of this Waiver are contractual and not mere recital.

CAUTION: READ BEFORE SIGNING. THIS IS A WAIVER OF ALL YOUR RIGHTS.

The undersigned acknowledges READING AND FULLY UNDERSTANDING THE TERMS OF THIS WAIVER.

PARTICIPANT SIGNATURE (required for any adult with capacity to sign legal documents) by signing this Waiver, I acknowledge that I have completely read and fully understand the potential risk to my participation.

Participant Signature: Date:

PARENT/GUARDIAN SIGNATURE (required for anyone who is a minor or lacks capacity to sign legal documents)

I am a parent or guardian of the Individual named above. I have read and understand this Waiver and have explained the contents to the Individual as appropriate. By signing, I agree to this Waiver on my own behalf and on behalf of the Individual.

Parent/Guardian Signature:	Date:

Printed Name: ______ Relationship: ______

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LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

Recreation Community Program NOTIFICATION OF INFORMATION

Thank you for your participation in the LCBDD Recreation Department's catalog of activities!

In order to provide cost savings, we will be sending the Recreation Community Program quarterly catalog of activities via email to those interested. If your email address changes, please let us know so you will continue to receive information about our Recreation Community Program catalog of activities.

Your contact information:

Name:

Email Address:

STAY CONNECTED ,

Lake County Board of Developmental Disabilities/Deepwood

For the latest updates from the LCBDD/Deepwood, sign up to receive our E-News to your inbox!



Subscribe to our E-News to receive a monthly email highlighting agency news and upcoming events by completing a short form on our website **www.LakeBDD.org.**

To be directed to our social media pages and website:

- Open the camera app on your smartphone.
- Focus the lens on the QR code below.
- Click the link when it pops up!



