

LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES / DEEPWOOD

Day Program Brochure

Winter 2024 - 2025

This Day Program Recreation Program brochure of activities is provided by the LCBDD/Deepwood Recreation Department and is offered to all persons served through the County Board, without regard to age or ability.

The Recreation Department does not dispense any **medications**.

Questions? Contact (440) 350-5137 or visit www.lakebdd.org.

If you are interested in attending any or all of the **WINTER '24-'25** activities, please register by **NOVEMBER 22, 2024** by contacting Ellana at (440) 350-5137 or at Ellana.Fishwick@lakebdd.org.

If you miss the registration deadline and still wish to participate, please give us a call!

DO NOT send money at time of registration. Please bring any fees/payment to the activity.

Are you interested in **volunteering** for Community Recreation or Special Olympics activities?

Call 440-350-5173, email info@lakebdd.org, or contact the Recreation Specialist.

STAY CONNECTED



Lake County Board of Developmental Disabilities/Deepwood

For the latest updates from the LCBDD/Deepwood, sign up to receive our E-News to your inbox!



SUBSCRIBE

Subscribe to our E-News to receive a monthly email highlighting agency news and upcoming events by completing a short form on our website www.LakeBDD.org.

To be directed to our social media pages and website:

- Open the camera app on your smartphone.
- Focus the lens on the QR code below.
- Click the link when it pops up!



LAKE COUNTY BOARD
OF DD / DEEPWOOD
Empower | Engage | Enrich



Recreation Activities

YOGA



What: Easy Yoga for sitting or standing.

Where: Branches of Wellness, Painesville Square

Dates: December 4 & 11, January 8 & 22, February 12

Time: 10:30AM-11:30AM

Cost: \$10.00 per class

Notes: Please wear comfortable clothes and bring a water bottle.

BOWLING



What: Come Bowling with friends!

Where: Wickliffe Lanes, Wickliffe

Dates: Fridays – December 6, January 10, February 14

Time: 10:00AM – 12:00PM

Cost: \$8.00

Notes: Bring a snack/lunch or money to purchase snacks.

MOVIE DAY



What: Join your friends for the latest shows!

Where: Atlas Cinema Diamond Center, Mentor

Dates: December 13, January 31, February 21

Times: 10:00AM – 12:30PM

Cost: \$6.00 per ticket + \$6.00 for popcorn/pop combo

Notes: Movie will be announced close to the date (G, PG, PG-13)

TRINITY CATHEDRAL CONCERT



What: Enjoy live music while having lunch!

Where: Trinity Cathedral, 2230 Euclid Avenue Cleveland

Dates: December 18 – Messiah Sing

January 15 – Hot Club of Trinity

February 5 – Case Western Performance Ensemble

February 19 – Medieval Marimba

Times: 12:00PM – 1:00PM **Cost:** Free

Notes: Groups are welcome to bring bagged lunches.

KARAOKE



What: Come sing and dance to your favorite songs!

Where: VGC Training Room and Cafeteria, Deepwood Campus

Dates: January 16 and February 13

Time: 10:30AM – 12:00PM **Cost:** Free

Notes: You are welcome to bring a bagged lunch!

AQUARIUM



What: Take a trip to see the Fish and Sharks!

Where: Cleveland Aquarium

Dates: (Choose One) December 13, January 23, January 30

Time: 10:30AM – 11:30AM

Cost: \$11.00

PLAYHOUSE SQUARE



What: Enjoy a trip to the theater at Playhouse Square!

Where: Ohio Theater, Playhouse Square

Show: Grimmz Fairy Tales

Date and Time: February 6 at 10AM

Cost: \$7 per person – Reserve your spots ASAP!

GREAT LAKES THEATER



What: Enjoy a trip to the theater at Playhouse Square!

Where: Hanna Theater

Show: Peter and the Starcatcher

Date and Time: February 26 at 10AM

Cost: \$14 per person – Reserve your spots ASAP!

Interested in a different activity?

Contact Ellana at (440) 350-5137 or at Ellana.Fishwick@lakebdd.org and we can set it up!



WINTER 2024-2025 DAY PROGRAM RECREATION BROCHURE

Indicate which activities that you wish to register for below. Email/scan this form to Ellana.Fishwick@lakebdd.org or call 440-350-5137 before **November 22, 2024**.
 You can attend **any or all** of the **WINTER 2024 - 2025** activities.

Provider Name:			
Address:		City:	Zip:
Phone Numbers		Day:	

Email for activity contact:

I understand that photos may be taken at this event and used for county board marketing purposes.
 Registration is consent for image use.
NOTIFY THE RECREATION SPECIALIST IF YOU DO NOT WISH FOR YOUR PICTURE TO BE TAKEN.

	Individual/Staff Number Attending	Activity/Date
When several dates are listed, please circle the date(s) attending.		

WAIVER OF LIABILITY
LCBDD Recreation/Special Olympics Activities

In consideration of the opportunity afforded me to participate in Recreation/Special Olympics activities with the Lake County Board of DD, in which I have and will participate freely and voluntarily, and in light of this opportunity afforded me, and the aims and services provided to individuals with developmental disabilities by the Lake County Board of DD, I hereby waive any rights or causes of action against the Lake County Board of DD, its board members, managers, employees, officers, directors, participants, collectively or individually, for any and all personal injury to me or members of my family, or damage to my property sustained in connection with my activities or travel for the Lake County Board of DD, or my participation in such activities. I fully understand that the activities in which I will engage might include, but are not limited to, physical activity and contact.

I further understand the inherent risk of contracting COVID-19 through coaching or participating in sports, competition and/or any group activity offered by the Lake County Board of DD. I also understand that an individual with an intellectual disability and/or with high-risk conditions may be at a higher risk of experiencing an adverse outcome, up to and including severe disability or death, should they become infected with COVID-19. I understand this and am choosing to coach or participate in sports, competition, and/or other similar activities at my own risk.

The undersigned further declares and represent that no promise, inducement or agreement not herein expressed has been made to the undersigned and that this Waiver contains the entire agreement between the parties hereto, and that the terms of this Waiver are contractual and not mere recital.

CAUTION: READ BEFORE SIGNING. THIS IS A WAIVER OF ALL YOUR RIGHTS.

The undersigned acknowledges READING AND FULLY UNDERSTANDING THE TERMS OF THIS WAIVER.

PARTICIPANT SIGNATURE (required for any adult with capacity to sign legal documents) *by signing this Waiver, I acknowledge that I have completely read and fully understand the potential risk to my participation.*

Participant Signature: _____ Date: _____

PARENT/GUARDIAN SIGNATURE (required for anyone who is a minor or lacks capacity to sign legal documents)

I am a parent or guardian of the Individual named above. I have read and understand this Waiver and have explained the contents to the Individual as appropriate. By signing, I agree to this Waiver on my own behalf and on behalf of the Individual.

Parent/Guardian Signature: _____ Date: _____

Printed Name: _____ Relationship: _____