



LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES / DEEPWOOD Community Recreation Program Brochure



Winter January-February 2025



This Community Recreation Program brochure of activities is provided by the LCBDD/Deepwood Recreation Department and is offered to individuals who reside in Lake County and who have been determined eligible for County Board services.

The Recreation Department does not dispense any medications. If you will be taking medication, please notify us (see our medication policy in this packet).

Questions? Contact (440) 350-5165.

Go to our website at www.lakebdd.org/community-recreation-program/ to view County Board Recreation Services and **REGISTER ONLINE.**

If you are interested in attending any or all of the **WINTER 2025** activities, please register by **DECEMBER 13, 2024** via *one* of four ways:

Website	Register at https://lakebdd.org/community-recreation-registration/ .
Call/Email	Contact the Recreation Specialist associated with the activity of interest, call (440) 350-5165, or email recreation@lakebdd.org .
Mail/Drop Off	Fill out the registration form and drop off/send to: Lake County Board of DD/Deepwood c/o Recreation Services 8121 Deepwood Boulevard, Mentor, OH 44060

If you miss the registration deadline and still wish to participate, please give us a call!

DO NOT send money at time of registration. Please bring any fees/payment to the activity.

Are you interested in [volunteering](#) for Community Recreation or Special Olympics activities?

Call 440-350-5173, email info@lakebdd.org, or contact the Recreation Specialist.

Community Recreation Activities - On Campus Activities

Bingo Night



- What:** B-I-N-G-O! Play for cool prizes and have fun with friends.
Where: VGC Cafeteria
When: January 8 and February 5 from 5:00pm - 6:30pm
Cost: FREE (Bring money for snacks)
Questions? Contact Deb at 440-350-5149 or deb.topalian@lakebdd.org

Movie Night



- What:** Movie Night every other Tuesday
Where: VGC Training Room (Brown Room)
When: Every other Tuesday from 5:30pm - 7:30pm
January 14: Harold and the Purple Crayon
January 28: Inside Out 2
February 11: Mrs. Doubtfire
February 25: IF
Movies subject to change based on availability.
Cost: FREE (Bring money for snacks)
Questions? Contact Deb at 440-350-5149 or deb.topalian@lakebdd.org

Karaoke Night



- What:** Come sing and dance with friends!
Where: VGC Training Room (Brown Room)
When: Thursdays, January 23 and February 13
From 5:00pm – 6:30pm
Cost: FREE (Feel free to bring your dinner – light snacks provided.)
Questions? Contact Ellana at 440-350-5137 or Ellana.fishwick@lakebdd.org

Murder Mystery Dinner



- What:** Step back in time to the roaring 20's and enjoy a delicious dinner before solving the mystery of the speakeasy murder!
Where: VGC Cafeteria/Training Room
When: Thursday, February 20 from 5:00pm – 7:00pm
Cost: \$10
Note: If you wish to be a character role, please let Sarah know.
Questions? Contact Sarah at 440-350-5232 or sarah.hurley@lakebdd.org

The Improvaneer Method



- What:** Are you a comic and want to test your skills at improv? Come check out a way to build confidence and perform!
- Where:** VGC Cafeteria
- When:** Wednesdays, January 8 – February 26 from 6:00pm–7:15pm
- Cost:** FREE - Limited to 10 participants.
- Questions?** Contact Ellana at 440-350-5137 or ellana.fishwick@lakebdd.org

Community Trips & Outings

Ma and Pa's Sleigh Ride and Lunch



- What:** Enjoy an early lunch in Amish Country, then take a lovely sleigh ride together!
- Where:** Meet at the Recreation Site, Travel to Burton
- When:** Saturday, January 11 from 10:30am – 3:00pm
- Cost:** \$25 for sleigh ride ticket, extra \$25 for lunch.
- Note:** Activity is weather dependent on snow, subject to change.
- Questions?** Contact Sarah 440-350-5232 or sarah.hurley@lakebdd.org

Disney on Ice



- What:** Enjoy seeing your favorite Disney characters skate on the ice!
- Where:** Meet at the Rec. Site; Travel to Rocket Mortgage Fieldhouse
- When:** Friday, January 17 from 9:30am-1:30pm
- Cost:** \$60 – Bring extra money for lunch.
- Note:** Limited to 14 participants.
- Questions?** Contact Mike at 440-350-5136 or mike.terhart@lakebdd.org

Mentor vs. VASJ High School Basketball Game



- What:** Join the Rec. team for a night of basketball as the Mentor Cardinals take on the Villa Angela-Saint Joseph Vikings!
- Where:** Meet at the Recreation Site, Travel to Mentor High School
- When:** Saturday, January 25 from 6:45pm-10:00pm
- Cost:** \$15 – Bring extra money for concessions.
- Note:** Limited to 15 participants.
- Questions?** Contact Michael at 440-350-5235 or Michael.shubert@lakebdd.org

Hard Rockin' National All Star Cheerleading Championships



- What:** Let's go cheer for the teams as they compete!
Where: Meet at the Recreation Site, Travel to Cleveland
When: Sunday, January 26 from 9:00am-1:00pm
Cost: \$20 for lunch – Admissions paid for by Cheer Association.
Note: Limited to 12 participants.
Questions? Contact Kara at 440-350-5144 or kara.shubert@lakebdd.org

Winter Camp



- What:** We will engage in some snow activities and then cozy up inside for a sleepover!
Where: Camp Fitch – North Springfield, PA
When: Tuesday, January 28 – Wednesday, January 29
Drop Off: Tuesday, January 28 at 10:30am at Recreation Site
Pick-Up: Wednesday, January 29 at 2:00pm at Recreation Site
Cost: \$100
Questions? Contact Ellana at 440-350-5137 or Ellana.fishwick@lakebdd.org

Monsters Hockey Game



- What:** Cheer on Cleveland's own Lake Erie Monsters Hockey team!
Where: Meet at the Recreation Site, Travel to Cleveland
When: Tuesday, February 11 from 6:00pm - 10:45pm
Cost: \$26
Note: Limited to 14 participants.
Questions? Contact Mike at 440-350-5136 or mike.terhart@lakebdd.org

Tri-State Synchronized Skating Competition



- What:** Watch the figure skating teams compete!
Where: Meet at the Recreation Site, Travel to Mentor Ice Rink
When: Saturday, February 15 from 9:00am-12:00pm
Cost: TBA – Bring extra money for snacks.
Note: Limited to 15 participants.
Questions? Contact Kara at 440-350-5144 or kara.shubert@lakebdd.org

Cleveland Auto Show



- What:** Join Recreation to see cars, both new and old, from all across the world!
- Where:** Meet at the Recreation Site, Travel to IX Center
- When:** Wednesday, February 26 from 3:00pm – 7:00pm
- Cost:** \$25 – Bring extra money for snacks/souvenirs.
- Note:** Limited to 15 participants.
- Questions?** Contact Michael at 440-350-5235 or Michael.shubert@lakebdd.org

When you are signed up for an activity, you will receive a confirmation memo. If you are unsure or have questions, please call 440-350-5165.

This Community Recreation Program brochure of activities is provided by the LCBDD/Deepwood Recreation Department and is offered to individuals who reside in Lake County and who have been determined eligible for County Board services.

Additionally, we have begun offering activities for specific groups. Please reference the information below and contact the corresponding Recreation Specialist for more information.

School-Age (up to age 22 years)	Contact 440-350-5232 or Sarah.Hurley@LakeBDD.org
NEXT Club (ages 22 – 40 years)	Contact 440-350-5235 or Michael.Shubert@LakeBDD.org
Fun Days Group (Tuesdays/Thursdays)	Contact 440-350-5144 or Kara.Shubert@LakeBDD.org

Contact 440-350-5165 or Recreation@LakeBDD.org with any questions and/or to be matched with the activities that interest you!



Special Olympics

Registration Form. Check off any/all Special Olympics sports that you are interested in:

_____ **CROSS COUNTRY SKIING / SNOWSHOEING:**

Tuesdays beginning January 7
3:30-4:30pm at Recreation Site



_____ **ALPINE SKIING / SNOWBOARDING:**

Wednesdays beginning January 8
Time and location TBA
Prior Experience Required



_____ **DANCE (DEEPWOOD DANCERS PERFORMANCE TEAM):**

Tryouts – February 20 at 6:00pm
12 dancers will be selected for the team.
Practices will be held weekly on Thursdays
February 27 through the end of April 6:00pm – 7:00pm at VGC Cafeteria
Please note: Strong Commitment and Attendance at Practices is necessary!
Questions? Contact Ellana at 440-350-5137 or ellana.fishwick@lakebdd.org

_____ **INTERESTED IN BECOMING AN AMBASSADOR FOR YOUR SPORT, LAKE COUNTY, AND SPECIAL OLYMPICS EVERYWHERE?** Sign up to get more info and learn how to get started!

Questions? Contact Chris at 440-350-5199 or chris.bundy@lakebdd.org

Stay tuned for Bocce, Tennis, Track and Field, and Volleyball starting back up in March!

IMPORTANT: Return this page with your information to sign up.

Special Olympics WINTER 2025 Sports		
Please bring a bottle of water and wear comfortable clothing.		
Name:	Age:	Phone:
Email Address:		

REGISTRATION DUE by DECEMBER 13, 2024.

Email/scan to chris.bundy@lakebdd.org or send via US Mail to:
Lake County Board of DD/Deepwood - Special Olympics
8121 Deepwood Boulevard Mentor, OH 44060

WINTER 2025 (January - February) COMMUNITY RECREATION PROGRAM BROCHURE

Indicate which activities that you wish to register for below. Email/scan this form to Recreation@lakebdd.org or send via US Mail before **DECEMBER 13, 2024**.

Name:	Age:	Date of Birth:
Address:	City:	Zip:
Phone Numbers:	Day:	Evening:

Email for activity contact:

I understand that photos may be taken at this event and used for county board marketing purposes. Registration is consent for image use. **NOTIFY THE RECREATION SPECIALIST IF YOU DO NOT WISH FOR YOUR PICTURE TO BE TAKEN.**

January 8 and February 5	Bingo Night
January 14 and 28, February 11 and 25	Movie Night
January 23 and February 13	Karaoke Night
February 20	Murder Mystery Dinner

****CHOOSE ONLY THREE ACTIVITIES LISTED BELOW.****

The activities listed below have limited capacities for participation. Indicate the activities you are interested in (up to three) and we will do our best to accommodate. Thank you!

January 8 – February 26	The Improvaneer Method
January 11	Ma and Pa’s Sleigh Ride and Lunch
January 17	Disney on Ice
January 25	Mentor vs. VASJ Basketball Game
January 26	Hard Rockin’ National All Star Cheer Championship
January 28 – 29	Winter Camp
February 11	Monsters Hockey Game
February 15	Tri-State Synchronized Skating Competition
February 26	Cleveland Auto Show



STAY SAFE & WARM THIS WINTER!

STAY TUNED FOR OUR SPRING

BROCHURE IN MARCH!

LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

Recreation and Special Olympics Program MEDICATION PROTOCOL



Attention all Recreation Participants, Parents, Guardians, and Providers

This memo is to clarify how medications will be addressed while on Recreation Community Program activities. The following is the procedure for the administration of medications:

- A. Participants who are able to safely self-administer prescribed medication with or without assistance shall administer his/her own medication independently or receive assistance, as applicable.
- B. The medication may be kept by the participant or with the recreation staff assigned to the activity. Storage of medication will be at the discretion of the recreation staff based on the activity.
- C. If the participant requires medication while on a recreation activity, and is able to self-administer or self-administer with assistance; written notification must be given to Recreation Services staff prior to that activity, including the following information:
 1. Participant's self-administration status (i.e. able to self-administer, able to self-administer with assistance);
 2. Type of assistance required for self-administration (If applicable);
 3. Name of medication(s);
 4. Date and time medication is to be administered; and
 5. Dosage and quantity of medication to be administered.

In accordance with Rule 5123:2-6-02 Self-Administration or assistance with self-administration of prescribed medication; when an individual has been assessed as able to safely self-administer prescribed medication or self-administer prescribed medication with assistance, developmental disabilities personnel are not authorized to verify accuracy of medication being taken by the individual on a routine basis unless specified in the individual's service plan.

D. If the participant requires medication administration by licensed or certified personnel, contact the Recreation Department **PRIOR TO** registering for any activity to discuss available options for the participant's medication needs to be met per the LCBDD Recreation and Special Olympics Medication Protocol Departmental Procedure.

This procedure will be strictly adhered to and participants cannot attend activities without prior notification and/or an agreed upon plan to that complies with applicable Rules.

Thank you for your cooperation in assisting us to ensure everyone's safety during these activities. Our fax number is (440) 350-5135. Please call (440) 350-5165 if you have any questions.

WAIVER OF LIABILITY
LCBDD Recreation/Special Olympics Activities

In consideration of the opportunity afforded me to participate in Recreation/Special Olympics activities with the Lake County Board of DD, in which I have and will participate freely and voluntarily, and in light of this opportunity afforded me, and the aims and services provided to individuals with developmental disabilities by the Lake County Board of DD, I hereby waive any rights or causes of action against the Lake County Board of DD, its board members, managers, employees, officers, directors, participants, collectively or individually, for any and all personal injury to me or members of my family, or damage to my property sustained in connection with my activities or travel for the Lake County Board of DD, or my participation in such activities. I fully understand that the activities in which I will engage might include, but are not limited to, physical activity and contact.

I further understand the inherent risk of contracting COVID-19 through coaching or participating in sports, competition and/or any group activity offered by the Lake County Board of DD. I also understand that an individual with an intellectual disability and/or with high-risk conditions may be at a higher risk of experiencing an adverse outcome, up to and including severe disability or death, should they become infected with COVID-19. I understand this and am choosing to coach or participate in sports, competition, and/or other similar activities at my own risk.

The undersigned further declares and represent that no promise, inducement or agreement not herein expressed has been made to the undersigned and that this Waiver contains the entire agreement between the parties hereto, and that the terms of this Waiver are contractual and not mere recital.

CAUTION: READ BEFORE SIGNING. THIS IS A WAIVER OF ALL YOUR RIGHTS.

The undersigned acknowledges READING AND FULLY UNDERSTANDING THE TERMS OF THIS WAIVER.

PARTICIPANT SIGNATURE (required for any adult with capacity to sign legal documents) by signing this Waiver, I acknowledge that I have completely read and fully understand the potential risk to my participation.

Participant Signature: _____ Date: _____

PARENT/GUARDIAN SIGNATURE (required for anyone who is a minor or lacks capacity to sign legal documents)

I am a parent or guardian of the Individual named above. I have read and understand this Waiver and have explained the contents to the Individual as appropriate. By signing, I agree to this Waiver on my own behalf and on behalf of the Individual.

Parent/Guardian Signature: _____ Date: _____

Printed Name: _____ Relationship: _____

LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

Recreation Community Program NOTIFICATION OF INFORMATION

Thank you for your participation in the LCBDD Recreation Department's catalog of activities!

In order to provide cost savings, we will be sending the Recreation Community Program quarterly catalog of activities via email to those interested. If your email address changes, please let us know so you will continue to receive information about our Recreation Community Program catalog of activities.

Your contact information:

Name: _____

Email Address: _____

STAY CONNECTED



Lake County Board of Developmental Disabilities/Deepwood

For the latest updates from the LCBDD/Deepwood, sign up to receive our E-News to your inbox!



SUBSCRIBE

Subscribe to our E-News to receive a monthly email highlighting agency news and upcoming events by completing a short form on our website www.LakeBDD.org.

To be directed to our social media pages and website:

- Open the camera app on your smartphone.
- Focus the lens on the QR code below.
- Click the link when it pops up!



LAKE COUNTY BOARD
OF DD / DEEPWOOD

Empower | Engage | Enrich

