

LAKE COUNTY BOARD OF  
DEVELOPMENTAL DISABILITIES/ DEEPWOOD  
School Age/Transition Recreation Program

Winter 2025

(January - February)

This **School Age/Transition** program of activities is provided by the LCBDD/Deepwood Recreation Department and is offered to all school-aged individuals (up to 22 years old) eligible for County Board services.

**New to LCBDD? Contact the SSA Team to get started at: (440) 350-5145 or go online at <https://lakebdd.org/eligibility/>**

Go to our website at [www.lakebdd.org/community-recreation-program/](http://www.lakebdd.org/community-recreation-program/) to view the School-Age/Transition Recreation program and register online.

**If you would like to request the School-Age/Transition Recreation Program be sent to you via email or USPS mail, contact us at 440-350-5165 or [sarah.hurley@lakebdd.org](mailto:sarah.hurley@lakebdd.org) .**

Please register for all activities by **[January 2, 2025](#)** via *one* of four ways:

<b>Website</b>	Register at: <a href="https://lakebdd.org/community-recreation-program/">https://lakebdd.org/community-recreation-program/</a>
<b>Call/Email</b>	Contact Recreation at (440) 350-5165 or email <a href="mailto:sarah.hurley@lakebdd.org">sarah.hurley@lakebdd.org</a>
<b>Mail</b>	Fill out the registration form and mail it to:  <b>Lake County Board of DD/Deepwood c/o Recreation Services</b>  <b>8121 Deepwood Boulevard, Mentor, OH 44060</b>

If you miss the registration deadline and still wish to participate, please give us a call!

**DO NOT send money at this time. If a fee is due, please bring payment at the time of activity.**

## Clubs

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### Fit Club



- What:** Workout with friends in our very own training center!  
**Where:** Meet at Broadmoor Special Olympics Training Center  
**When:** 4:00 pm – 5:00 pm on Tuesdays  
January 7, 21      February 11, 25  
**Cost:** FREE (Bring a bottle of water and wear closed-toe shoes.)

### Winter Snowshoeing Club



- What:** Enjoy a wintery walk in the woods as you explore snowshoeing!  
**Where:** Meet at Recreation Site  
**When:** Fridays, January 10 and 24 from 4:00 pm - 5:00 pm.  
Thursday, February 13 from 4:00 pm - 5:00 pm.  
**Cost:** FREE  
**Note:** Dependent upon snow; wear warm clothes/hat/gloves/boots.

### Bowling Club



- What:** Have some “spare” time? Meet monthly to bowl with Rec!  
**Where:** Meet at Recreation Site, Travel to bowl at Rollhouse  
**When:** Tuesdays, January 14 and February 18 from 4:00 pm - 6:00pm  
**Cost:** \$10.00 (\$6.00 if you do not need shoes).

### Creative Arts Club



- What:** Art is for everyone! Come express your creativity!  
**Where:** Recreation Site  
**When:** Tuesday, January 28 from 5:00 pm - 6:30 pm (Winter Wreath)  
Thursday, February 27 from 5:00 pm - 6:30 pm (TBA)  
**Cost:** \$10.00 (See memo for individual craft prices).

## On Campus Events

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### Thursday Movie Nights



- What:** Meet with friends to watch Disney hits and more, old and new!  
**Where:** VGC Training Room  
**When:** January 9 from 4:30 pm - 7:00 pm  
February 6 from 4:30pm - 7:00pm  
**Cost:** \$5.00 for pizza and pop (Please specify pepperoni or cheese.)

## SCHOOL-AGE/TRANSITION WINTER 2025 RECREATION PROGRAM

### Snow Much Fun!



- What:** Join Recreation to build a snowman and sip hot cocoa!  
**Where:** Recreation Site  
**When:** Saturday, January 25 from 10:00 am - 11:30 am.  
**Cost:** FREE  
**Note:** Please wear winter layers, hat, and gloves and bring a change of clothes in case your layers get wet.

### Mario Kart Racers



- What:** Meet to compete in an evening of Mario Kart on the big screen!  
**Where:** VGC Training Room  
**When:** Thursday, January 30 from 5:00 pm - 6:30 pm  
**Cost:** \$5.00 for pizza and pop (Please specify pepperoni or cheese.)

### Sledding at Rec.



- What:** Join Recreation for a day of sledding and hot cocoa!  
**Where:** Recreation Site  
**When:** Saturday, February 1 from 10:00 am - 11:30 am  
**Cost:** FREE  
**Note:** Please wear winter layers, hat, and gloves and bring a change of clothes in case your layers get wet. Weather dependent.

### Game Night



- What:** Play along in a group to solve wintry Wheel of Fortune puzzles!  
**Where:** VGC Training Room  
**When:** Friday, February 21 from 5:00 pm - 6:30 pm  
**Cost:** \$2.00 (includes light snack of pop and chips).

## Community Trips

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### Great Lakes Science Center



- What:** Enjoy a day of science and watch "Superpower Dogs" at the Dome Theater!  
**Where:** Meet at the Recreation Site, Travel to Cleveland  
**When:** Friday January 3 from 9:30 am - 1:30 pm  
**Cost:** \$22.00 (Bring a packed lunch.)  
**Note:** Please pack a lunch/drink to bring. **Sign up by December 19.**

## SCHOOL-AGE/TRANSITION WINTER 2025 RECREATION PROGRAM

### Escape Room



- What:** Immerse yourself in an Escapology adventure as you work together to solve puzzles, riddles, and more!
- Where:** Meet at the Recreation Site, Travel to Escape Room
- When:** Thursday, January 16 from 4:30 pm to 7:00 pm
- Cost:** TBD - Around \$30.00

### Polar Blast Snow Tubing



- What:** Enjoy snow tubing followed by lunch!
- Where:** Meet at the Recreation Site, Travel to Northfield
- When:** Saturday, February 22 from 10:00 am to 2:30 pm
- Cost:** \$30.00
- Note:** Please pack a lunch or bring \$8 for pizza and pop.

### Movie Day



- What:** Enjoy the latest films at Atlas Diamond Center! Movie TBA.
- Where:** Meet at the Recreation Site, Travel to Atlas Cinema
- When:** Tuesday, February 25 from 9:15 am to 2:00 pm
- Cost:** \$12.00 (includes ticket and popcorn/drink).
- Note:** Please pack a lunch to eat.

## Transition Students Exclusive (Age 14-22)

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### Youth Empowerment Group



- What:** Meet with SSA's & friends to learn & talk about topics like self-advocacy, independence, effective communication, community participation, and more.
- Where:** 8121 Deepwood Blvd, Building C, Mentor OH 44060
- When:** Second Thursdays from 5:30 pm - 6:30 pm (January 9 and February 13)
- Notes:** Participants must be Lake County students aged 14-22 years old who are eligible for LCBDD services. Food will be provided and a parent café will be open for parent collaboration during the meetings. Doors open at 5:00 pm.
- Cost:** FREE
- Register** at [transition.services@lakebdd.org](mailto:transition.services@lakebdd.org) or (440) 350-5071.



## Special Olympics

Registration Form. Check off any/all Special Olympics sports that you are interested in:

\_\_\_\_\_ **CROSS COUNTRY SKIING / SNOWSHOEING:**

Tuesdays beginning January 7  
3:30-4:30pm at Recreation Site

\_\_\_\_\_ **ALPINE SKIING / SNOWBOARDING:**

Wednesdays beginning January 8  
Time and location TBA  
Prior Experience Required



\_\_\_\_\_ **DANCE (DEEPWOOD DANCERS PERFORMANCE TEAM):**

Tryouts – February 20 at 6:00pm  
12 dancers will be selected for the team.  
Practices will be held weekly on Thursdays  
February 27 through the end of April 6:00pm – 7:00pm at VGC Cafeteria  
Please note: Strong Commitment and Attendance at Practices is necessary!  
Questions? Contact Ellana at 440-350-5137 or [ellana.fishwick@lakebdd.org](mailto:ellana.fishwick@lakebdd.org)

\_\_\_\_\_ **INTERESTED IN BECOMING AN AMBASSADOR FOR YOUR SPORT, LAKE COUNTY, AND SPECIAL OLYMPICS EVERYWHERE?** Sign up to get more info and learn how to get started!

Questions? Contact Chris at 440-350-5199 or [chris.bundy@lakebdd.org](mailto:chris.bundy@lakebdd.org)

**IMPORTANT:** Return this page with your information to sign up.

### Special Olympics WINTER 2025 Sports

Please bring a bottle of water and wear comfortable clothing.

Name:

Age:

Phone:

Email Address:

### REGISTRATION DUE by DECEMBER 13, 2024.

Email/scan to [chris.bundy@lakebdd.org](mailto:chris.bundy@lakebdd.org) or send via US Mail to:

Lake County Board of DD/Deepwood  
c/o Special Olympics  
8121 Deepwood Boulevard  
Mentor, OH 44060



# SCHOOL-AGE/TRANSITION WINTER 2025 RECREATION PROGRAM

Name:	Age/DOB:	
Address:	City:	Zip:
Cell Number(s):	Email:	

I understand that photos may be taken at this event and used for county board marketing purposes. Registration is consent for image use. NOTIFY SARAH IF YOU DO NOT WISH FOR YOUR PICTURE TO BE TAKEN.

If Multiple Dates are Listed, Please Circle One(s) Attending	Date of Activity	Activity
	CLUBS/ON-CAMPUS ACTIVITIES	
	January 7 and 21, February 11 and 25	Fit Club
	January 10 and 24, February 13	Winter Snowshoeing Club
	January 14 and February 18	Bowling Club
	January 28 and February 27	Creative Arts Club
	January 9 and February 6	Thursday Movie Nights
	January 25	Snow Much Fun!
	January 30	Mario Kart Racers
	February 1	Sledding at Rec
	February 21	Game Night
	January 9 and February 13	Youth Empowerment (Sign up at <a href="mailto:transition.services@lakebdd.org">transition.services@lakebdd.org</a> )
	COMMUNITY TRIPS	
	January 3	Great Lakes Science Center
	January 16	Escape Room
	February 22	Polar Blast Snow Tubing
	February 25	Movie Day



# LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

## Recreation and Special Olympics Program MEDICATION PROTOCOL



### ***Attention all Recreation Participants, Parents, Guardians, and Providers***

This memo is to clarify how medications will be addressed while on Recreation Community Program activities. The following is the procedure for the administration of medications:

- A. Participants who are able to safely self-administer prescribed medication with or without assistance shall administer his/her own medication independently or receive assistance, as applicable.
- B. The medication may be kept by the participant or with the recreation staff assigned to the activity. Storage of medication will be at the discretion of the recreation staff based on the activity.
- C. If the participant requires medication while on a recreation activity, and is able to self-administer or self-administer with assistance; written notification must be given to Recreation Services staff prior to that activity, including the following information:
  - 1. Participant's self-administration status (i.e. able to self-administer, able to self-administer with assistance);
  - 2. Type of assistance required for self-administration (If applicable);
  - 3. Name of medication(s);
  - 4. Date and time medication is to be administered; and
  - 5. Dosage and quantity of medication to be administered.

In accordance with Rule 5123:2-6-02 Self-Administration or assistance with self-administration of prescribed medication; when an individual has been assessed as able to safely self-administer prescribed medication or self-administer prescribed medication with assistance, developmental disabilities personnel are not authorized to verify accuracy of medication being taken by the individual on a routine basis unless specified in the individual's service plan.

**D. If the participant requires medication administration by licensed or certified personnel**, contact the Recreation Department **PRIOR TO** registering for any activity to discuss available options for the participant's medication needs to be met per the LCBDD Recreation and Special Olympics Medication Protocol Departmental Procedure.

This procedure will be strictly adhered to and participants cannot attend activities without prior notification and/or an agreed upon plan to that complies with applicable Rules.

Thank you for your cooperation in assisting us to ensure everyone's safety during these activities. Our fax number is (440) 350-5135. Please call (440) 350-5165 if you have any questions.

**WAIVER OF LIABILITY**  
**LCBDD Recreation/Special Olympics Activities**

In consideration of the opportunity afforded me to participate in Recreation/Special Olympics activities with the Lake County Board of DD, in which I have and will participate freely and voluntarily, and in light of this opportunity afforded me, and the aims and services provided to individuals with developmental disabilities by the Lake County Board of DD, I hereby waive any rights or causes of action against the Lake County Board of DD, its board members, managers, employees, officers, directors, participants, collectively or individually, for any and all personal injury to me or members of my family, or damage to my property sustained in connection with my activities or travel for the Lake County Board of DD, or my participation in such activities. I fully understand that the activities in which I will engage might include, but are not limited to, physical activity and contact.

I further understand the inherent risk of contracting COVID-19 through coaching or participating in sports, competition and/or any group activity offered by the Lake County Board of DD. I also understand that an individual with an intellectual disability and/or with high-risk conditions may be at a higher risk of experiencing an adverse outcome, up to and including severe disability or death, should they become infected with COVID-19. I understand this and am choosing to coach or participate in sports, competition, and/or other similar activities at my own risk.

The undersigned further declares and represent that no promise, inducement or agreement not herein expressed has been made to the undersigned and that this Waiver contains the entire agreement between the parties hereto, and that the terms of this Waiver are contractual and not mere recital.

**CAUTION: READ BEFORE SIGNING. THIS IS A WAIVER OF ALL YOUR RIGHTS.**

**The undersigned acknowledges READING AND FULLY UNDERSTANDING THE TERMS OF THIS WAIVER.**

**PARTICIPANT SIGNATURE** (required for any adult with capacity to sign legal documents) *by signing this Waiver, I acknowledge that I have completely read and fully understand the potential risk to my participation.*

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PARENT/GUARDIAN SIGNATURE** (required for anyone who is a minor or lacks capacity to sign legal documents)

*I am a parent or guardian of the Individual named above. I have read and understand this Waiver and have explained the contents to the Individual as appropriate. By signing, I agree to this Waiver on my own behalf and on behalf of the Individual.*

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Relationship: \_\_\_\_\_



# LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

## Recreation Community Program NOTIFICATION OF INFORMATION

**Thank you for your participation in the LCBDD Recreation Department's catalog of activities!**

In order to provide cost savings, we will be sending the Recreation Community Program quarterly catalog of activities via email to those interested. If your email address changes, please let us know so you will continue to receive information about our Recreation Community Program catalog of activities.

Your contact information:

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

## STAY CONNECTED



Lake County Board of Developmental Disabilities/Deepwood

For the latest updates from the LCBDD/Deepwood, sign up to receive our E-News to your inbox!



**SUBSCRIBE**

Subscribe to our E-News to receive a monthly email highlighting agency news and upcoming events by completing a short form on our website **[www.LakeBDD.org](http://www.LakeBDD.org)**.

To be directed to our social media pages and website:

- Open the camera app on your smartphone.
- Focus the lens on the QR code below.
- Click the link when it pops up!



LAKE COUNTY BOARD  
OF DD / DEEPWOOD  
*Empower | Engage | Enrich*

