LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES / DEEPWOOD

Day Program Brochure Spring 2025

This Day Program Recreation Program brochure of activities is provided by the LCBDD/Deepwood Recreation Department and is offered to all persons served through the County Board, without regard to age or ability.

The Recreation Department does not dispense any **medications**.

Questions? Contact (440) 350-5137 or visit www.lakebdd.org.

If you are interested in attending any or all of the SPRING 2025 activities, please register by FEBRUARY 28, 2025 by contacting Ellana at (440) 350-5137 or at Ellana. Fishwick@lakebdd.org.

If you miss the registration deadline and still wish to participate, please give us a call!

DO NOT send money at time of registration. Please bring any fees/payment to the activity.

Are you interested in *volunteering* for Community Recreation or Special Olympics activities?

Call 440-350-5173 or email volunteer@LakeBDD.org.



Lake County Board of Developmental Disabilities/Deepwood

For the latest updates from the LCBDD/Deepwood, sign up to receive our E-News to your inbox!

SUBSCRIBE

Subscribe to our E-News to receive a monthly email highlighting agency news and upcoming events by completing a short form on our website www.LakeBDD.org.

To be directed to our social media pages and website:

- Open the camera app on your smartphone.
- · Focus the lens on the QR code below.
- · Click the link when it pops up!





Recreation Activities

YOGA



What: Easy Yoga for sitting or standing.

Where: Branches of Wellness, Painesville Square

Dates: March 12, 26, April 9, 23, May 14

Time: 10:30AM-11:30AM Cost: \$10.00 per class

Notes: Please wear comfortable clothes and bring a water bottle.

BOWLING



What: Come Bowling with friends! Where: Wickliffe Lanes, Wickliffe

Dates: Fridays - March 14, April 4, May 9

Time: 10:00AM - 12:00PM

Cost: \$8.00

Notes: Bring a snack/lunch or money to purchase snacks.

CRAWFORD AUTO-AVIATION MUSEUM



What: Check out Cleveland's Auto Museum.

Where: University Circle

Dates (Choose One): March 21, April 11

Time: 10:00AM - 12:00PM

Cost: \$13 per person (Staff are free)

MOVIE DAY



What: Join your friends for the latest shows!
Where: Atlas Cinema Diamond Center, Mentor

Dates: March 28, April 25, May 28

Times: 10:00AM - 12:30PM

Cost: \$6.00 per ticket + \$6.00 for popcorn/pop combo

Notes: Movie will be announced close to the date (G, PG, PG-13).



TRINITY CATHEDRAL CONCERT



What: Enjoy live music while having lunch!

Where: Trinity Cathedral, 2230 Euclid Avenue Cleveland

Dates: March 5 – Joe Culley, Indian Tabla

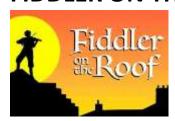
April 2 – Medieval Marimba and song April 16 – Cleveland Celtic Ensemble

Times: 12:00PM - 1:00PM

Cost: Free

Notes: Groups are welcome to bring bagged lunches.

FIDDLER ON THE ROOF



What: Enjoy a trip to the theater at Playhouse Square!

Where: Allen Theater, Playhouse Square

Show: Fiddler on the Roof

Date and Time: Wednesday, May 7 at 10:30AM Cost: \$15 per person – Reserve your spots ASAP!

ZOO TRIPS



What: Join you friends to see the animals at the zoo!

Where: Cleveland Metroparks Zoo Dates (Choose One): May 16, 23

Time: 10:30AM - 1:30PM

Cost: \$4.00

Notes: Bring a bagged lunch or money to purchase lunch.

CAPTAIN'S GAME



What: Take me out to the ball game, with friends!

Where: Classic Park, Eastlake Dates: Wednesday, May 25 Times: Game starts at 11:05AM.

Cost: \$20 (includes lunch)

Notes: Reservations MUST be made a month in advance.

Interested in a different activity?

Contact Ellana at (440) 350-5137 or at Ellana.Fishwick@lakebdd.org and we can set it up!

SPRING 2025 (March - May) DAY PROGRAM RECREATION BROCHURE

Indicate which activities that you wish to register for below. Email/scan this form to Ellana.Fishwick@lakebdd.org or call 440-350-5137 before February 28, 2025. You can attend any or all of the SPRING 2025 activities. Provider Name: Address: City: Zip: **Phone Numbers** Day: **Email for activity contact: Individual/Staff Number Attending Activity/Date** When several dates are listed, please circle the date(s) attending.

SPRING 2025 (March – May) DAY PROGRAM RECREATION BROCHURE

WAIVER OF LIABILITY LCBDD Recreation Brochure, Special Olympics, and Group Activities

In consideration of the opportunity afforded me to participate in Recreation activities with the Lake County Board of DD Recreation Department, in which I have and will participate freely and voluntarily, and in light of this opportunity afforded me, and the aims and services provided to individuals with developmental disabilities by the Lake County Board of DD, I hereby waive any rights or causes of action against the Lake County Board of DD, its board members, managers, employees, officers, directors, participants, collectively or individually, for any and all personal injury to me or members of my family, or damage to my property sustained in connection with my activities or travel for the Lake County Board of DD, or my participation in such activities. This includes activities and trips outlined in the Community Recreation Brochure and Day Program Community Recreation Brochure, Special Olympics, as well as activities facilitated by Recreation personnel through the ancillary groups including but not limited to; School-Age Group, NEXT Club, and Fun Days Group. I fully understand that the activities in which I will engage might include, but are not limited to, physical activity and contact and that I am choosing to participate at my own risk.

The undersigned further declares and represent that no promise, inducement or agreement not herein expressed has been made to the undersigned and that this Waiver contains the entire agreement between the parties hereto, and that the terms of this Waiver are contractual and not mere recital.

CAUTION: READ BEFORE SIGNING. THIS IS A WAIVER OF ALL YOUR RIGHTS.

The undersigned acknowledges READING AND FULLY UNDERSTANDING THE TERMS OF THIS WAIVER.

PARTICIPANT SIGNATURE (required for any adult with capacity to sign legal documents)

By signing this Waiver, I acknowledge that I have completely read and fully understand the potential risk to my participation.

Participant Signature:	Date:
PARENT/GUARDIAN SIGNATURE (required for anyone who is a minor or lacks capacity to sign legal documents)	
I am a parent or guardian of the Individual named above. I have explained the contents to the Individual as appropriate. By signand on behalf of the Individual.	
Parent/Guardian Signature:	Date:
Printed Name:	Relationshin: