



LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES / DEEPWOOD

Community Recreation Program Brochure



Spring 2025

March - May



This Community Recreation Program brochure of activities is provided by the LCBDD/Deepwood Recreation Department and is offered to individuals who reside in Lake County and who have been determined eligible for County Board services.

The Recreation Department does not dispense any medications. If you will be taking medication, please notify us (see our medication policy in this packet).

Questions? Contact (440) 350-5165.

Go to our website at www.lakebdd.org/community-recreation-program/ to view county board recreation services and **REGISTER ONLINE.**

If you are interested in signing up to attend any of the **SPRING 2025** activities, please register by **February 28, 2025** via *one* of five ways:

Website	Register at https://lakebdd.org/community-recreation-registration/ .
Call/Email	Contact the Recreation Specialist associated with the activity of interest, call (440) 350-5165, or email recreation@lakebdd.org .
Mail/Drop Off	Fill out the registration form and drop off/send to: Lake County Board of DD/Deepwood c/o Recreation Services 8121 Deepwood Boulevard, Mentor, OH 44060

If you miss the registration deadline and still wish to participate, please give us a call!

DO NOT send money at time of registration. Please bring any fees/payment to the activity.

Are you interested in **volunteering** for Community Recreation or Special Olympics activities?

Call 440-350-5173 or email volunteer@LakeBDD.org.

Community Recreation Activities - On Campus Activities

Wednesday Night Bingo



- What:** B-I-N-G-O! Play for cool prizes and have fun with friends!
Where: VGC Cafeteria
When: First Wednesdays from 5:00pm - 6:30pm
March 5 April 2 May 7
Cost: FREE (Bring Money for Snacks.)
Questions? Contact Deb at 440-350-5149 or deb.topalian@lakebdd.org

Tuesday Night Movies



- What:** Join Recreation for Movie Night!
Where: VGC Training Room (Brown Room)
When: Every second and fourth Tuesday from 5:30pm - 7:30pm
March 11: Bedtime Stories March 28: Migration
April 8: Cinderella (2015) April 22: Over the Moon
May 13: Free Willy May 27: Kung Fu Panda 4
Movies subject to change based on availability.
Cost: FREE (Bring Money for Snacks)
Questions? Contact Deb at 440-350-5149 or deb.topalian@lakebdd.org

The Great Snack Off



- What:** Gather to learn how to make some sweet and savory snacks!
Where: VGC Cafeteria
When: Saturday, April 5 from 10:00am – 12:00pm
Cost: \$15
Note: Please specify any food allergies during registration.
Questions? Contact Sarah at 440-350-5232 or sarah.hurley@lakebdd.org

Karaoke Night



- What:** Come sing and dance with friends!
Where: VGC Training Room (Brown Room)
When: Wednesday, April 16 from 5:00pm – 7:00pm
Cost: FREE – Bring your dinner, snacks provided!
Questions? Contact Ellana at 440-350-5137 or Ellana.fishwick@lakebdd.org

Bird House Building Class



- What:** Come build a cedar bird house for your feathery friends!
Where: VGC Cafeteria
When: Tuesday, May 6 from 6:00pm – 8:00pm
Cost: \$15
Questions? Contact Mike at 440-350-5136 or mike.terhart@lakebdd.org

2025 Deepwood Grand Prix



- What:** Design, build, and decorate your derby car to race in the first annual Deepwood Grand Prix!
Where: Recreation Site for Build Days, VGC Cafeteria for Race Day
When: Thursday, May 8 from 5:00pm – 7:00pm (Build Day 1)
Thursday, May 15 from 5:00pm – 7:00pm (Build Day 2)
Saturday, May 17 from 11:00am – 1:00pm (Race Day)
Cost: \$25 for all three days
Note: Trophies will be given out to the top three winners!
Race day will include snacks and a movie.
Questions? Contact Michael at 440-350-5235 or michael.shubert@lakebdd.org

Spring Craft Night



- What:** Express your creativity by making a seasonal craft!
Where: VGC Cafeteria
When: Wednesday, May 14 from 5:00pm – 6:00pm
Cost: \$10 (Snack provided)
Note: For planning purposes, prepayment is required.
Questions? Contact Kara at 440-350-5144 or kara.shubert@lakebdd.org

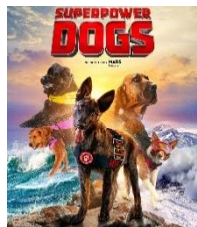
Community Trips

Legally Blonde Performance



- What:** Enjoy watching *Legally Blonde* performed live!
Where: Meet at the Recreation Site, Travel to Harvey High School
When: Sunday, March 9 from 1:00pm - 4:30pm
Cost: \$8
Note: Limited to 10 participants.
Questions? Contact Kara at 440-350-5144 or kara.shubert@lakebdd.org

Superpower Dogs on the Big Screen!



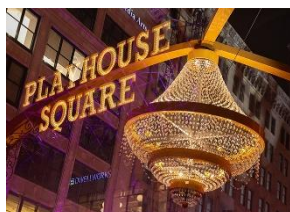
- What:** Watch *Superpower Dogs* at the Imax and enjoy lunch out!
Where: Meet at the Rec. Site, travel to Great Lakes Science Center
When: Thursday, March 13 from 10:00am – 2:00pm
Cost: \$12 for movie + \$15 for lunch
Questions? Contact Mike at 440-350-5136 or mike.terhart@lakebdd.org

West Side Market



- What:** Join Recreation for a day at the West Side Market!
Where: Meet at the Recreation Site, travel to Ohio City
When: Friday, March 14 from 10:00am-2:00pm
Cost: Bring money for spending and lunch.
Note: Please dress for the weather.
Questions? Contact Michael at 440-350-5235 or michael.shubert@lakebdd.org

Playhouse Square Tour & Lunch at Hofbrauhaus



- What:** Enjoy a tour of the Cleveland's theater district followed by a German lunch at Hofbrauhaus!
Where: Meet at Recreation Site, Travel to Downtown Cleveland
When: Saturday, March 15 from 9:00am – 1:00pm
Cost: \$25 (for lunch)
Notes: Limited to 10 participants.
Must be able to walk and climb steps independently.
Questions? Contact Ellana at 440-350-5137 or ellana.fishwick@lakebdd.org

Kalahari Waterpark Overnight



- What:** Make a splash with friends at Kalahari!
Where: Sandusky, Ohio
When: Wednesday, March 19 – Thursday, March 20
Drop Off: Wednesday, March 19 at 1:00pm at Recreation Site
Pick-Up: Thursday, March 20 at 4:00pm at Recreation Site
Cost: \$125 includes overnight stay, waterpark pass, and breakfast Thursday AM. \$15 extra needed for Thursday food stop.
Notes: Strong swimmers suggested. Limited to 18 participants.
Questions? Contact Kara at 440-350-5144 or kara.shubert@lakebdd.org

Maple Sugar Festival & Pancake Breakfast



- What:** Journey to the 1800's to see how maple products are made and enjoy a pancake breakfast!
- Where:** Meet at the Recreation Site, travel to Hale Farm and Village
- When:** Saturday, March 22 from 9:00am-2:00pm
- Cost:** \$25 (includes pancake breakfast)
- Note:** Limited to 12 participants.
- Questions?** Contact Sarah at 440-350-5232 or sarah.hurley@lakebdd.org

Major League Indoor Soccer (MLIS) Championships



- What:** Cheer on the soccer champions at the Wolstein Center!
- Where:** Meet at the Recreation Site, travel to Cleveland
- When:** Friday, April 11 – Time TBA
- Cost:** TBA
- Questions?** Contact Mike at 440-350-5136 or mike.terhart@lakebdd.org

Whirlyball



- What:** Come play Whirlyball – a mix between bumper cars and lacrosse followed by lunch.
- Where:** Meet at the Recreation Site, travel to Whirlyball in Bedford
- When:** Friday, April 11 from 11:00am-2:30pm
- Cost:** \$25 (Bring lunch money.)
- Note:** Participants must be able to operate their own bumper car.
- Questions?** Contact Michael at 440-350-5235 or michael.shubert@lakebdd.org

Richfield Goat Derby



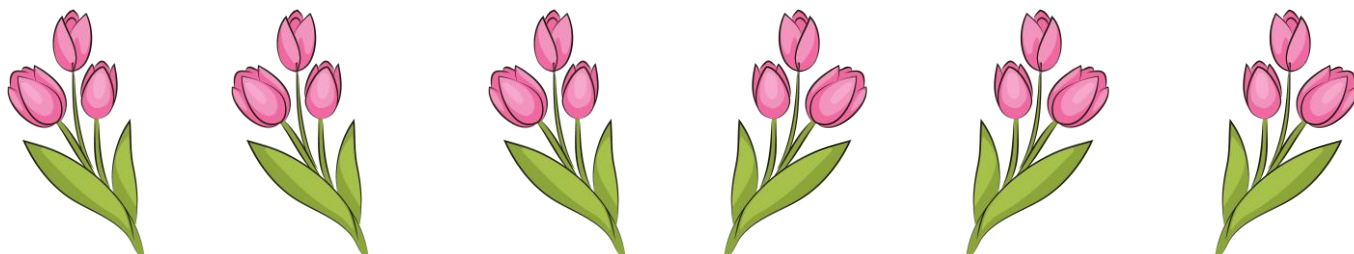
- What:** Don your Derby gear, we're off to the (goat) races at Richfield Heritage Preserve!
- Where:** Meet at the Recreation Site, travel to Richfield
- When:** Saturday, May 3 from 10:30am-3:00pm
- Cost:** TBA (Approximately \$20) – Please pack a lunch.
- Note:** Limited to 12 participants.
- Questions?** Contact Sarah at 440-350-5232 or sarah.hurley@lakebdd.org

Niagara Falls Overnight



- What:** See the majestic falls and ride the Maid of the Mist!
- Where:** Niagara Falls, NY
- When:** Thursday, May 29 – Friday, May 30
- Drop Off:** Thursday, May 29 at 9:00am at Recreation Site
- Pick-Up:** Friday, May 30 at 2:00pm at Recreation Site
- Cost:** TBA – plan around \$160
- Notes:** More details to come. We will stay on the New York side of the falls – no passports necessary.
- Questions?** Contact Ellana at 440-350-5137 or ellana.fishwick@lakebdd.org

Please note: Some activities may be limited to a certain number of participants. We strive to accommodate everyone interested, but flexibility may be needed at times. When you are signed up for an activity, you will receive a confirmation memo. If you are unsure or have questions, please call 440-350-5165.



This Community Recreation Program brochure of activities is provided by the LCBDD / Deepwood Recreation Department and is offered to individuals who reside in Lake County and who have been determined eligible for County Board services.


Additionally, we have begun offering activities for specific groups. Please reference the information below and contact the corresponding Recreation Specialist for more information.


School-Age (up to age 22 years)	Contact 440-350-5232 or Sarah.Hurley@LakeBDD.org
NEXT Club (ages 22 – 40 years)	Contact 440-350-5235 or Michael.Shubert@LakeBDD.org
Fun Days Group (Tuesdays/Thursdays)	Contact 440-350-5144 or Kara.Shubert@LakeBDD.org


Contact 440-350-5165 or Recreation@LakeBDD.org with any questions and/or to be matched with the activities that interest you!


Special Olympics


Registration Form. Check off any/all Special Olympics sports that you are interested in below:

___ **BOCCE:** Tuesdays April 1 – June 3
4:00pm - 5:00pm at Wickliffe Italian & American Club 

___ **TRACK & FIELD:** Wednesdays April 2 – June 4
4:00pm - 5:00pm at Ridge Jr. High School Track 

___ **VOLLEYBALL:** Wednesdays April 2 – June 4
4:00pm - 5:00pm at Broadmoor School 

___ **TENNIS:** Thursdays April 3 – June 5
3:00pm - 4:00pm at Walsh Park Tennis Courts
*Must have own racket. Please notify us if you wish to borrow one. 

___ **COMPETITIVE POWERLIFTING:** Thursdays April 3 – June 5
4:00pm – 5:00pm at the Special Olympics Training Center 

Questions? Contact Chris at 440-350-5199 or chris.bundy@lakebdd.org

IMPORTANT: Return this page with your information to sign up.

Special Olympics SPRING 2025 Sports		
Please bring a bottle of water and wear comfortable clothing.		
Name:	Age:	Phone:
Email Address:		

REGISTRATION DUE by FEBRUARY 28, 2025.
 Email/scan to chris.bundy@lakebdd.org or send via **US Mail** to:
 Lake County Board of DD/Deepwood
 c/o Special Olympics
 8121 Deepwood Boulevard
 Mentor, OH 44060

LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

Recreation and Special Olympics Program MEDICATION PROTOCOL



Attention all Recreation Participants, Parents, Guardians, and Providers

This memo is to clarify how medications will be addressed while on Recreation Community Program activities. The following is the procedure for the administration of medications:

- A. Participants who are able to safely self-administer prescribed medication with or without assistance shall administer his/her own medication independently or receive assistance, as applicable.
- B. The medication may be kept by the participant or with the recreation staff assigned to the activity. Storage of medication will be at the discretion of the recreation staff based on the activity.
- C. If the participant requires medication while on a recreation activity, and is able to self-administer or self-administer with assistance; written notification must be given to Recreation Services staff prior to that activity, including the following information:
 1. Participant's self-administration status (i.e. able to self-administer, able to self-administer with assistance);
 2. Type of assistance required for self-administration (If applicable);
 3. Name of medication(s);
 4. Date and time medication is to be administered; and
 5. Dosage and quantity of medication to be administered.

In accordance with Rule 5123:2-6-02 Self-Administration or assistance with self-administration of prescribed medication; when an individual has been assessed as able to safely self-administer prescribed medication or self-administer prescribed medication with assistance, developmental disabilities personnel are not authorized to verify accuracy of medication being taken by the individual on a routine basis unless specified in the individual's service plan.

D. If the participant requires medication administration by licensed or certified personnel, contact the Recreation Department **PRIOR TO** registering for any activity to discuss available options for the participant's medication needs to be met per the LCBDD Recreation and Special Olympics Medication Protocol Departmental Procedure.

This procedure will be strictly adhered to and participants cannot attend activities without prior notification and/or an agreed upon plan to that complies with applicable Rules.

Thank you for your cooperation in assisting us to ensure everyone's safety during these activities. Our fax number is (440) 350-5135. Please call (440) 350-5165 if you have any questions.

Spring 2025 (March – May) COMMUNITY RECREATION PROGRAM BROCHURE

Indicate which activities that you wish to register for below. Email/scan this form to Recreation@lakebdd.org or send via US Mail before **FEBRUARY 28, 2025**.

Name:	Age:	Date of Birth:
Address:	City:	Zip:
Phone Numbers:	Day:	Evening:

Email for activity contact:

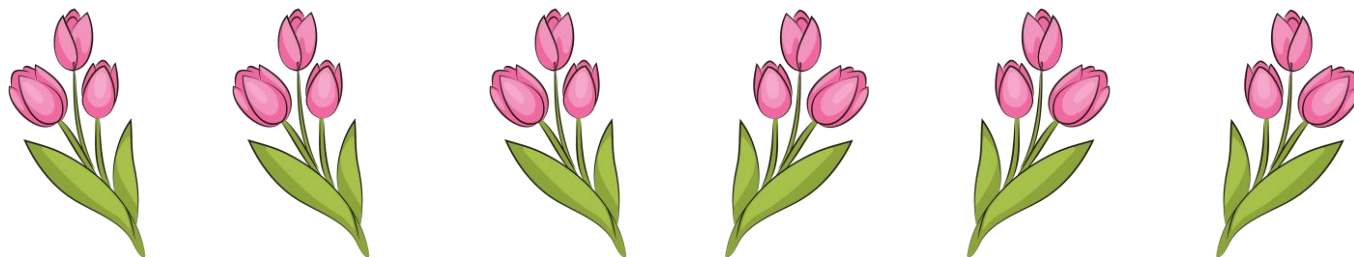
If you require any accommodations to participate in Recreation activities, PLEASE NOTIFY THE RECREATION SPECIALIST ASSOCIATED WITH THE ACTIVITY.

March 5, April 2, May 7	Wednesday Night Bingo
March 11 and 28, April 8 and 22, May 13 and 27	Tuesday Night Movies
April 5	The Great Snack Off
April 16	Karaoke Night
May 6	Bird House Building Class
May 8, 15, and 17	2025 Deepwood Grand Prix
May 14	Spring Craft Night

****CHOOSE ONLY THREE ACTIVITIES LISTED BELOW.****

The activities listed below have limited capacities for participation. Indicate the activities you are interested in (up to three) and we will do our best to accommodate. Thank you!

March 9	Legally Blonde Performance
March 13	Superpower Dogs on the Big Screen!
March 14	West Side Market
March 15	Playhouse Square Tour & Lunch at Hofbrahaus
March 19 – 20	Kalahari Waterpark Overnight
March 22	Maple Sugar Festival & Pancake Breakfast
April 11	Major League Indoor Soccer Championships
April 11	Whirlyball
May 3	Richfield Goat Derby
May 29 – 30	Niagara Falls Overnight



WAIVER OF LIABILITY

LCBDD Recreation Brochure, Special Olympics, and Group Activities

In consideration of the opportunity afforded me to participate in Recreation activities with the Lake County Board of DD Recreation Department, in which I have and will participate freely and voluntarily, and in light of this opportunity afforded me, and the aims and services provided to individuals with developmental disabilities by the Lake County Board of DD, I hereby waive any rights or causes of action against the Lake County Board of DD, its board members, managers, employees, officers, directors, participants, collectively or individually, for any and all personal injury to me or members of my family, or damage to my property sustained in connection with my activities or travel for the Lake County Board of DD, or my participation in such activities. This includes activities and trips outlined in the Community Recreation Brochure and Day Program Community Recreation Brochure, Special Olympics, as well as activities facilitated by Recreation personnel through the ancillary groups including but not limited to; School-Age Group, NEXT Club, and Fun Days Group. I fully understand that the activities in which I will engage might include, but are not limited to, physical activity and contact and that I am choosing to participate at my own risk.

The undersigned further declares and represent that no promise, inducement or agreement not herein expressed has been made to the undersigned and that this Waiver contains the entire agreement between the parties hereto, and that the terms of this Waiver are contractual and not mere recital.

CAUTION: READ BEFORE SIGNING. THIS IS A WAIVER OF ALL YOUR RIGHTS.

The undersigned acknowledges READING AND FULLY UNDERSTANDING THE TERMS OF THIS WAIVER.

PARTICIPANT SIGNATURE (required for any adult with capacity to sign legal documents)

By signing this Waiver, I acknowledge that I have completely read and fully understand the potential risk to my participation.

Participant Signature: _____ Date: _____

PARENT/GUARDIAN SIGNATURE (required for anyone who is a minor or lacks capacity to sign legal documents)

I am a parent or guardian of the Individual named above. I have read and understand this Waiver and have explained the contents to the Individual as appropriate. By signing, I agree to this Waiver on my own behalf and on behalf of the Individual.

Parent/Guardian Signature: _____ Date: _____

Printed Name: _____ Relationship: _____

LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

Recreation Community Program NOTIFICATION OF INFORMATION

Thank you for your participation in the LCBDD Recreation Department's catalog of activities!

In order to provide cost savings, we will be sending the Recreation Community Program quarterly catalog of activities via email to those interested. If your email address changes, please let us know so you will continue to receive information about our Recreation Community Program catalog of activities.

Your contact information:

Name: _____

Email Address: _____

STAY CONNECTED



Lake County Board of Developmental Disabilities/Deepwood

For the latest updates from the LCBDD/Deepwood, sign up to receive our E-News to your inbox!



SUBSCRIBE

Subscribe to our E-News to receive a monthly email highlighting agency news and upcoming events by completing a short form on our website www.LakeBDD.org.

To be directed to our social media pages and website:

- Open the camera app on your smartphone.
- Focus the lens on the QR code below.
- Click the link when it pops up!



LAKE COUNTY BOARD
OF DD / DEEPWOOD

Empower | Engage | Enrich

