

LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD School Age/Transition Recreation Program

Spring 2025

(March - May)



This **School Age/Transition** program of activities is provided by the LCBDD / Deepwood Recreation Department and is offered to all school-aged individuals (up to 22 years old) eligible for County Board services.

**New to LCBDD? Contact the SSA Team to get started at: (440) 350-5145
or go online at <https://lakebdd.org/eligibility/>**

Go to our website at www.lakebdd.org/community-recreation-program/ to view the School-Age/Transition Recreation program and register online.

If you would like to request the School-Age/Transition Recreation Program be sent to you via email or USPS mail, contact us at 440-350-5165 or sarah.hurley@lakebdd.org .

Please register for all activities by **February 28, 2025** via *one* of four ways:

Website	Register at: https://lakebdd.org/community-recreation-program/
Call/Email	Contact Recreation at (440) 350-5165 or email sarah.hurley@lakebdd.org
Mail	Fill out the registration form and mail it to: Lake County Board of DD/Deepwood c/o Recreation Services 8121 Deepwood Boulevard, Mentor, OH 44060

If you miss the registration deadline and still wish to participate, please give us a call!

DO NOT send money at this time. If a fee is due, please bring payment at the time of activity.

SCHOOL-AGE/TRANSITION SPRING 2025 RECREATION PROGRAM

Clubs

Fit Club



- What:** Work out with friends in our very own training center!
Where: Meet at Broadmoor Special Olympics Training Center
When: 4:00 pm – 5:00 pm on Tuesdays
March 4, 18 April 1, 15, 29 May 13, 27
Cost: FREE (Bring a bottle of water and wear closed-toe shoes.)

Spring Hiking Club



- What:** Take in the arrival of spring with a series of hikes!
Where: Meet at Recreation Site, Travel to local Lake Metroparks
When: April 8, May 6, May 16 from 4:30 pm - 6:00 pm
Cost: FREE (Please bring a water bottle and wear closed-toe shoes.)

Bowling Club



- What:** Have some “spare” time? Meet monthly to bowl with Recreation!
Where: Meet at Recreation Site, Travel to Bowl at Rollhouse
When: Tuesdays from 4:00 pm - 6:00 pm
March 25, April 22, May 20
Cost: \$10.00 (\$6.00 if you do not need shoes.)

Creative Arts Club



- What:** Art is for everyone! Come express your creativity!
Where: Recreation Site
When: Wednesday, March 12 from 5:00 pm - 6:30 pm
Thursday, April 24 from 5:00 pm - 6:30 pm
Thursday, May 22 from 5:00 pm - 6:30 pm
Cost: \$10.00 (See memo for individual craft prices.)

On Campus Events

Thursday Movie Nights



- What:** Meet with friends to watch Disney hits and more, old and new!
Where: VGC Training Room
When: First Thursdays from 4:30 pm - 7:00 pm (Movies TBA in memo.)
March 6, April 3, May 1
Cost: \$5.00 for pizza and pop (Please specify pepperoni or cheese.)

SCHOOL-AGE/TRANSITION SPRING 2025 RECREATION PROGRAM

Wii Bowling Day



- What:** Join in on a day of bowling, no alley needed!
Where: Recreation Site
When: Saturday, March 8 from 10:00 am - 11:30 am
Cost: FREE (Light snack will be provided.)

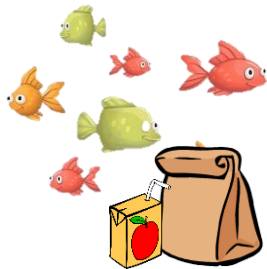
2025 Deepwood Grand Prix (As Seen in the Community Brochure!)



- What:** Design, build, and decorate a derby car to race in our first annual Deepwood Grand Prix!
Where: Recreation Site for build days, VGC Cafeteria for Race Day
When: Thursday, May 8 from 5:00 to 7:00 pm (Build Day 1)
Thursday, May 15 from 5:00 to 7:00 pm (Build Day 2)
Saturday, May 17 from 11:00 am – 1:00 pm (Race Day and Movie)
Cost: \$25.00 (Includes materials for all three days)
Note: Trophies will be awarded to top three winners on Race Day!

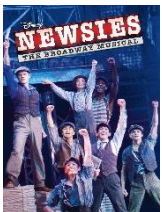
Community Trips

Cleveland Aquarium and Lunch



- What:** Take a trip under the sea, then enjoy lunch out!
Where: Meet at the Recreation Site, Travel to Cleveland
When: Friday March 21 from 9:15 am to 1:30 pm or
Friday March 28 from 9:15 am to 1:30 pm
Cost: \$11.00 (Please bring extra \$20 or a packed lunch)
Note: Please pick one trip date to attend.

The Newsies Musical

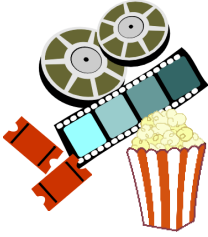


- What:** Get your ticket for the hit Disney Musical- The Newsies!
Where: Meet at the Rec Site, travel to Fine Arts Association
When: Thursday, March 27 from 7:00 pm to 10:00 pm
Cost: FREE
Note: Please eat prior to attending, no snacks are sold at this show.



SCHOOL-AGE/TRANSITION SPRING 2025 RECREATION PROGRAM

Movie Day



- What:** Enjoy the latest films at Atlas Diamond Center! Movie TBA.
Where: Meet at the Recreation Site, Travel to Atlas Cinema
When: Tuesday, March 25 from 9:15 am to 2:00 pm
Tuesday, April 22 from 9:15 am to 2:00 pm
Cost: \$12.00 (includes ticket and popcorn/drink.)
Note: Please pack a lunch to eat after the movie.

Museum of Natural History



- What:** Explore the newly renovated exhibits and the wildlife center!
Where: Meet at the Recreation Site, Travel to Cleveland
When: Saturday April 12 from 9:30 to 1:00 pm
Cost: \$25.00
Note: Please pack a lunch to bring.

Zoo Day



- What:** Lions and Tigers and Bears, oh yay! Take a day trip to the zoo.
Where: Meet at the Rec Site, travel to Cleveland Metroparks Zoo
When: Wednesday, May 28th from 10:00 am to 2:00 pm
Cost: \$2.00
Note: Please bring a packed lunch to eat and wear comfortable shoes.

STAY CONNECTED



Lake County Board of Developmental Disabilities/Deepwood

For the latest updates from the LCBDD/Deepwood, sign up to receive our E-News to your inbox!



SUBSCRIBE

Subscribe to our E-News to receive a monthly email highlighting agency news and upcoming events by completing a short form on our website www.LakeBDD.org.

To be directed to our social media pages and website:

- Open the camera app on your smartphone.
- Focus the lens on the QR code below.
- Click the link when it pops up!



LAKE COUNTY BOARD
OF DD / DEEPWOOD

Empower | Engage | Enrich



Learn more about the Lake County Board of Developmental Disabilities/Deepwood at www.lakebdd.org

Transition Students Exclusive (Age 14-22)

Spring Carnival



What: Join Recreation and the SSA department to learn more about the LCBDD and Rec, enjoy carnival games, relax in the parent café, and more!

Where: VGC Training Room and Cafeteria

When: Thursday, April 10 from 5:30 pm to 7:00 pm

Notes: When signing up, include all family attending in addition to the student. Parent-to-Parent informational session will occur at the same time.

Cost: FREE. Light snacks provided.

Register at Transition.Services@lakebdd.org or (440) 350-5071.

Youth Empowerment Group



What: Meet with SSA's & friends to learn & talk about topics like self-advocacy, independence, effective communication, community participation, and more.

Where: 8121 Deepwood Blvd, Building C, Mentor OH 44060

When: Second Thursdays from 5:30 pm - 6:30 pm (March 13, May 8)

Notes: Participants must be Lake County students aged 14-22 years old who are eligible for LCBDD services. Food will be provided and a parent café will be open for parent collaboration during the meetings. Doors open at 5:00 pm.

Cost: FREE

Register at transition.services@lakebdd.org or (440) 350-5071.

Recreation Community Program NOTIFICATION OF INFORMATION

Thank you for your participation in the LCBDD Recreation Department's catalog of activities!

In order to provide cost savings, we will be sending the Recreation Community Program quarterly catalog of activities via email to those interested. If your email address changes, please let us know so you will continue to receive information about our Recreation Community Program catalog of activities.

Your contact information:


Name: _____


Email Address: _____


SCHOOL-AGE/TRANSITION SPRING 2025 RECREATION PROGRAM


Special Olympics


Registration Form. Check off any/all Special Olympics sports that you are interested in below:

___ **BOCCE:** Tuesdays April 1 – June 3
4:00pm - 5:00pm at Wickliffe Italian & American Club 

___ **TRACK & FIELD:** Wednesdays April 2 – June 4
4:00pm - 5:00pm at Ridge Jr. High School Track 

___ **VOLLEYBALL:** Wednesdays April 2 – June 4
4:00pm - 5:00pm at Broadmoor School 

___ **TENNIS:** Thursdays April 3 – June 5
3:00pm - 4:00pm at Walsh Park Tennis Courts
*Must have own racket. Please notify us if you wish to borrow one. 

___ **COMPETITIVE POWERLIFTING:** Thursdays April 3 – June 5
4:00pm – 5:00pm at the Special Olympics Training Center 

Questions? Contact Chris at 440-350-5199 or chris.bundy@lakebdd.org

IMPORTANT: Return this page with your information to sign up.

Special Olympics WINTER 2025 Sports Please bring a bottle of water and wear comfortable clothing.		
Name:	Age:	Phone:
Email Address:		

REGISTRATION DUE by FEBRUARY 28, 2025.

Email/scan to chris.bundy@lakebdd.org or send via **US Mail** to:
Lake County Board of DD/Deepwood
c/o Special Olympics
8121 Deepwood Boulevard
Mentor, OH 44060

SCHOOL-AGE/TRANSITION SPRING 2025 RECREATION PROGRAM

Name:	Age/DOB:	
Address:	City:	Zip:
Cell Number(s):	Email:	

If you require any accommodations to participate in Recreation activities, please notify Sarah.

	Date of Activity	Activity
If Multiple Dates are Listed, Please Circle One(s) Attending	CLUBS/ON-CAMPUS ACTIVITIES	
	March 4 and 18 April 1, 15, 29 May 13 and 27	Fit Club
	April 8, May 6 and 16	Spring Hiking Club
	March 25, April 22, May 20	Bowling Club
	March 12, April 24, May 22	Creative Arts Club
	March 6, April 3, May 1	Thursday Movie Nights
	March 8	Wii Bowling Day
	May 8, 15, 17	Deepwood Grand Prix
	April 10	Transition Carnival (Sign up at transition.services@lakebdd.org)
	March 13 and May 8	Youth Empowerment (Sign up at transition.services@lakebdd.org)
	COMMUNITY TRIPS	
	March 21 OR March 28	Cleveland Aquarium and Lunch
	March 25 and April 22	Movie Day
	March 27	The Newsies Musical
	April 12	Museum of Natural History
May 28	Zoo Day	



LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

Recreation and Special Olympics Program MEDICATION PROTOCOL



Attention all Recreation Participants, Parents, Guardians, and Providers

This memo is to clarify how medications will be addressed while on Recreation Community Program activities. The following is the procedure for the administration of medications:

- A. Participants who are able to safely self-administer prescribed medication with or without assistance shall administer his/her own medication independently or receive assistance, as applicable.
- B. The medication may be kept by the participant or with the recreation staff assigned to the activity. Storage of medication will be at the discretion of the recreation staff based on the activity.
- C. If the participant requires medication while on a recreation activity, and is able to self-administer or self-administer with assistance; written notification must be given to Recreation Services staff prior to that activity, including the following information:
 1. Participant's self-administration status (i.e. able to self-administer, able to self-administer with assistance);
 2. Type of assistance required for self-administration (If applicable);
 3. Name of medication(s);
 4. Date and time medication is to be administered; and
 5. Dosage and quantity of medication to be administered.

In accordance with Rule 5123:2-6-02 Self-Administration or assistance with self-administration of prescribed medication; when an individual has been assessed as able to safely self-administer prescribed medication or self-administer prescribed medication with assistance, developmental disabilities personnel are not authorized to verify accuracy of medication being taken by the individual on a routine basis unless specified in the individual's service plan.

D. If the participant requires medication administration by licensed or certified personnel, contact the Recreation Department **PRIOR TO** registering for any activity to discuss available options for the participant's medication needs to be met per the LCBDD Recreation and Special Olympics Medication Protocol Departmental Procedure.

This procedure will be strictly adhered to and participants cannot attend activities without prior notification and/or an agreed upon plan to that complies with applicable Rules.

Thank you for your cooperation in assisting us to ensure everyone's safety during these activities. Our fax number is (440) 350-5135. Please call (440) 350-5165 if you have any questions.

SCHOOL-AGE/TRANSITION SPRING 2025 RECREATION PROGRAM

WAIVER OF LIABILITY

LCBDD Recreation Brochure, Special Olympics, and Group Activities

In consideration of the opportunity afforded me to participate in Recreation activities with the Lake County Board of DD Recreation Department, in which I have and will participate freely and voluntarily, and in light of this opportunity afforded me, and the aims and services provided to individuals with developmental disabilities by the Lake County Board of DD, I hereby waive any rights or causes of action against the Lake County Board of DD, its board members, managers, employees, officers, directors, participants, collectively or individually, for any and all personal injury to me or members of my family, or damage to my property sustained in connection with my activities or travel for the Lake County Board of DD, or my participation in such activities. This includes activities and trips outlined in the Community Recreation Brochure and Day Program Community Recreation Brochure, Special Olympics, as well as activities facilitated by Recreation personnel through the ancillary groups including but not limited to; School-Age Group, NEXT Club, and Fun Days Group. I fully understand that the activities in which I will engage might include, but are not limited to, physical activity and contact and that I am choosing to participate at my own risk.

The undersigned further declares and represent that no promise, inducement or agreement not herein expressed has been made to the undersigned and that this Waiver contains the entire agreement between the parties hereto, and that the terms of this Waiver are contractual and not mere recital.

CAUTION: READ BEFORE SIGNING. THIS IS A WAIVER OF ALL YOUR RIGHTS.

The undersigned acknowledges READING AND FULLY UNDERSTANDING THE TERMS OF THIS WAIVER.

PARTICIPANT SIGNATURE (required for any adult with capacity to sign legal documents)

By signing this Waiver, I acknowledge that I have completely read and fully understand the potential risk to my participation.

Participant Signature: _____ Date: _____

PARENT/GUARDIAN SIGNATURE (required for anyone who is a minor or lacks capacity to sign legal documents)

I am a parent or guardian of the Individual named above. I have read and understand this Waiver and have explained the contents to the Individual as appropriate. By signing, I agree to this Waiver on my own behalf and on behalf of the Individual.

Parent/Guardian Signature: _____ Date: _____

Printed Name: _____ Relationship: _____



LAKE COUNTY
BOARD OF DEVELOPMENTAL DISABILITIES
DEEPWOOD

WWW.LAKEBDD.ORG
440-350-5100