



# Lake County Board of Developmental Disabilities/Deepwood

## Children Services - Broadmoor School

Elfriede Roman  
Superintendent

Liz Miller  
Principal

Jacki DeWeese  
Early Childhood Supervisor

Mary Elshaw  
School Age Supervisor

Dear Parents and Caregivers

The Ohio Department of Education Preschool program licensing Rule: PS 3709-B7 indicates that parents providing snacks for their children shall be provided information on nutritional snack choices. In order to follow this rule, nutritional guidelines for all daycare and preschool programs have been established. These guidelines include teaching parents and children about the benefits of good dietary habits. It also includes giving a child a choice from two of the food groups listed for snack. These groups include: meat/meat equivalent group; bread/bread alternative group; milk group; fruit/vegetable group.

In order to adhere to these guidelines, the teachers purchase snacks belonging to these food groups. It is our hope that purchasing large quantities of these items will help to keep the cost of healthy nutritional snacks to a minimum. The snack menu will be posted in the classrooms and sent to you ahead of time. Your child will have a choice of different food items in each food group in order to accommodate their food preferences as well as nutritional needs.

If you would prefer to provide your child with their own snacks, these snacks must be sent in daily. Children in both half and full day classes have one snack time during the day. We encourage you to provide a variety of healthy and nutritional snacks from the food groups. Information on nutritional guidelines will be sent to you periodically in your child's book bag. A list of healthy, nutritional snacks is attached to this letter.

**Special diets will be adhered to and discussed with the preschool teacher on an individual basis. Please report any food allergies to your teacher.** If your child is in the full day program, he/she needs to bring a lunch daily. Lunches should also contain foods from the five food groups.

It is our hope that parent's, caregivers, and teachers will work together to establish a mutual understanding of how best to meet each child's individual nutritional needs, and establish healthy eating habits in your child's early years. If you have any questions, please feel free to contact me at 440-602-1012.

Thank you for your cooperation and support in this matter.

Sincerely,

Jacki DeWeese  
Early Childhood Supervisor



### BROADMOOR PRESCHOOL SNACK FEE SCHEDULE

<i>Days in attendance</i>	<i>Yearly Amount</i>	<i>First Payment- August</i>	<i>Second Payment - January</i>
3	\$54.00	\$27.00	\$27.00
4	\$72.00	\$36.00	\$36.00
5	\$90	\$45.00	\$45.00

EMPOWER individuals with developmental disabilities to ENGAGE in activities that ENRICH their lives and contribute to their community.