

LAKE COUNTY BOARD OF  
DEVELOPMENTAL DISABILITIES / DEEPWOOD

## Community Recreation Program Brochure



# Winter 2026 January – February



This Community Recreation Program brochure of activities is provided by the LCBDD/Deepwood Recreation Department and is offered to individuals who reside in Lake County who have been determined eligible for County Board services.

The Recreation Department does not dispense any medications. If you will be taking medication, please notify us (see our medication policy in this packet).

**Questions? Contact 440-350-5165.**

Go to our website at [www.LakeBDD.org/community-recreation-program/](http://www.LakeBDD.org/community-recreation-program/) to view county board recreation services and **REGISTER ONLINE.**

If you are interested in signing up to attend any of the **WINTER 2026** activities, please register by **DECEMBER 19, 2025** via one of five ways:

<b>Website</b>	Register at <a href="https://LakeBDD.org/community-recreation-registration/">https://LakeBDD.org/community-recreation-registration/</a> .
<b>Call/Email</b>	Contact the Recreation Specialist associated with the activity of interest, call 440-350-5165, or email <a href="mailto:Recreation@LakeBDD.org">Recreation@LakeBDD.org</a> .
<b>Mail/Drop Off</b>	Fill out the registration form and drop off/send to: <b>Lake County Board of DD/Deepwood c/o Recreation Services 8121 Deepwood Boulevard, Mentor, OH 44060</b>

If you miss the registration deadline and still wish to participate, please give us a call!

**DO NOT** send money at time of registration. Please bring any fees/payment to the activity.

Are you interested in **volunteering** for Community Recreation or Special Olympics activities?  
Call 440-350-5173 or email [Volunteer@LakeBDD.org](mailto:Volunteer@LakeBDD.org).

## Community Recreation Activities - On Campus Activities

### Tuesday Night Movies



- What:** Join Recreation for Movie Night!  
**Where:** VGC Training Room (Brown Room)  
**When:** Every second and fourth Tuesday from 5:30pm - 7:30pm  
January 6 and 20, February 10 and 24  
\*Movies To Be Announced.\*  
**Cost:** FREE (Bring Money for Snacks.)  
**Questions?** Contact Recreation at 440-350-5165 or  
[Recreation@LakeBDD.org](mailto:Recreation@LakeBDD.org)

### Wednesday Night Bingo



- What:** B-I-N-G-O! Play for cool prizes and have fun with friends!  
**Where:** VGC Cafeteria  
**When:** First Wednesdays from 5:00pm - 6:30pm  
January 7, February 4  
**Cost:** FREE (Bring Money for Snacks.)  
**Questions?** Contact Recreation at 440-350-5165 or  
[Recreation@LakeBDD.org](mailto:Recreation@LakeBDD.org)

### Fitness Club



- What:** Come work on your fitness journey in the New Year!  
**Where:** Special Olympics Training Room at Broadmoor School  
**When:** Thursdays from 3:00pm – 4:00pm  
January 8 – February 26  
**Cost:** FREE  
**Notes:** Limited to 10 participants.  
**Questions?** Contact Ellana at 440-350-5137 or  
[Ellana.Fishwick@LakeBDD.org](mailto:Ellana.Fishwick@LakeBDD.org)

### Deepwood Pizza Company



- What:** Come make your own pizza! Sauce it up and pick your favorite ingredients and chefs will bake it.  
**Where:** VGC Cafeteria  
**When:** Thursday, February 12 from 6:00pm – 7:30pm  
**Cost:** \$10  
**Questions?** Contact Mike at 440-350-5136 or  
[Mike.Terhart@LakeBDD.org](mailto:Mike.Terhart@LakeBDD.org)

## Murder Mystery Dinner



- What:** Enjoy a delicious dinner before solving the Cruise Ship murder mystery!
- Where:** VGC Cafeteria/Training Room
- When:** Thursday, February 26 from 5:00pm – 7:00pm
- Cost:** \$10
- Note:** If you wish to be a character role, please let Sarah know.
- Questions?** Contact Sarah at 440-350-5232 or [Sarah.Hurley@LakeBDD.org](mailto:Sarah.Hurley@LakeBDD.org)

## Community Trips and Outings

### Monsters Hockey Game



- What:** Cheer on Cleveland's own Lake Erie Monsters Hockey team!
- Where:** Meet at the Recreation Site, Travel to Cleveland
- When:** Wednesday, January 21 from 6:00pm - 10:30pm
- Cost:** \$30
- Questions?** Contact Mike at 440-350-5136 or [Mike.Terhart@LakeBDD.org](mailto:Mike.Terhart@LakeBDD.org)

### Scene 75 Day



- What:** Enjoy a few hours of endless arcade games, go karts, and more, followed by lunch!
- Where:** Meet at the Recreation Site, travel to Brunswick
- When:** Friday, January 23 from 10:00am-3:00pm
- Cost:** \$22
- Questions?** Contact Sarah at 440-350-5232 or [Sarah.Hurley@LakeBDD.org](mailto:Sarah.Hurley@LakeBDD.org)

## Hard Rockin' National All Star Cheerleading Championships



- What:** Let's go cheer for the teams as they compete!
- Where:** Meet at the Recreation Site, Travel to Cleveland
- When:** Sunday, January 25 from 9:00am-1:30pm
- Cost:** \$20 for lunch – Admissions paid for by Cheer Association.  
**(The venue is cashless, bring credit/debit card if possible.)**
- Note:** Limited to 12 participants.
- Questions?** Contact Kara at 440-350-5144 or [Kara.Shubert@LakeBDD.org](mailto:Kara.Shubert@LakeBDD.org)

## Winter Camp



- What:** We will engage in some snow activities and then cozy up inside for a sleepover!
- Where:** Camp Fitch – North Springfield, PA
- When:** Tuesday, January 27 – Wednesday, January 28
- Drop Off:** Tuesday, January 28 at 10:30am at Recreation Site
- Pick-Up:** Wednesday, January 29 at 2:00pm at Recreation Site
- Cost:** \$100
- Questions?** Contact Ellana at 440-350-5137 or [Ellana.Fishwick@LakeBDD.org](mailto:Ellana.Fishwick@LakeBDD.org)

## Professional Football Hall of Fame



- What:** Get ready for the Super Bowl with an interactive experience at the Pro Football Hall of Fame!
- Where:** Meet at the Recreation Site, Travel to Canton
- When:** Friday, January 30 from 10:00am – 3:00pm
- Cost:** \$35
- Note:** Bring a packed lunch to eat there.
- Questions?** Contact Michael at 440-350-5235 or [Michael.Shubert@LakeBDD.org](mailto:Michael.Shubert@LakeBDD.org)

## Cleveland Valentine Craft and Vendor Market



- What:** Enjoy a day of browsing and shopping!
- Where:** Meet at the Recreation Site, travel to Great Northern Mall
- When:** Saturday, February 7 from 10:00am-3:00pm
- Cost:** Free to attend – bring \$15 for lunch at the food court.
- Note:** Limited to 15 individuals.
- Questions?** Contact Kara at 440-350-5144 or [Kara.Shubert@LakeBDD.org](mailto:Kara.Shubert@LakeBDD.org)

## WWE Monday Night Raw Wrestling



- What:** Multi-match night of WWE wrestling
- Where:** Meet at the Recreation Site; travel to Rocket Arena
- When:** Monday, February 9 from 6:30pm – 11:00pm
- Cost:** TBA
- Questions?** Contact Mike at 440-350-5136 or [Mike.Terhart@LakeBDD.org](mailto:Mike.Terhart@LakeBDD.org)

## Cleveland Auto Show



- What:** Join Recreation to see cars, both new and old, from across the world!
- Where:** Meet at the Recreation Site, Travel to IX Center
- When:** Friday, February 20 from 3:00pm – 7:00pm
- Cost:** \$25 – Bring extra money for snacks/souvenirs.
- Note:** Limited to 15 participants.
- Questions?** Contact Michael at 440-350-5235 or [Michael.Shubert@LakeBDD.org](mailto:Michael.Shubert@LakeBDD.org)

We have begun offering activities for specific groups. Please reference the information below and contact the corresponding Recreation Specialist for more information.

<b>School-Age (up to age 22 years)</b>	<b>Contact 440-350-5232 or <a href="mailto:Sarah.Hurley@LakeBDD.org">Sarah.Hurley@LakeBDD.org</a></b>
<b>NEXT Club (ages 22 – 40 years)</b>	<b>Contact 440-350-5235 or <a href="mailto:Michael.Shubert@LakeBDD.org">Michael.Shubert@LakeBDD.org</a></b>
<b>Fun Days Group (Tuesdays/Thursdays)</b>	<b>Contact 440-350-5144 or <a href="mailto:Kara.Shubert@LakeBDD.org">Kara.Shubert@LakeBDD.org</a></b>

This Community Recreation Program brochure of activities is provided by the LCBDD / Deepwood Recreation Department and is offered to individuals who reside in Lake County who have been determined eligible for County Board services.

Contact 440-350-5165 or [Recreation@LakeBDD.org](mailto:Recreation@LakeBDD.org) with any questions and/or to be matched with the activities that interest you!

**Please note: Some activities may be limited to a certain number of participants. We strive to accommodate everyone interested, but flexibility may be needed at times. When you are signed up for an activity, you will receive a confirmation memo. If you are unsure or have questions, please call 440-350-5165.**





## Special Olympics



**Special  
Olympics**

Registration Form. Check off the Special Olympics sports that you are interested in:

\_\_\_\_\_ **DANCE (DEEPWOOD DANCERS PERFORMANCE TEAM):**

Tryouts – February 19 at 6:00pm, Practices will be held weekly on Thursdays February 26 through the end of April 6:00pm – 7:00pm at VGC.

**Please note: Strong commitment and attendance is necessary!**

Questions? Contact 440-350-5137 or [Ellana.Fishwick@LakeBDD.org](mailto:Ellana.Fishwick@LakeBDD.org)

\_\_\_\_\_ **BOCCE:**

Tuesdays March 10 – May 12

4:00pm - 5:00pm at Wickliffe Italian & American Club



\_\_\_\_\_ **TRACK & FIELD:**

Wednesdays March 11 – May 13

4:00pm - 5:00pm at Ridge Jr. High School Track



\_\_\_\_\_ **VOLLEYBALL:**

Wednesdays March 11 – May 13

4:00pm - 5:00pm at Broadmoor School



\_\_\_\_\_ **TENNIS:**

Thursdays March 12 – May 14

3:00pm - 4:00pm at Walsh Park Tennis Courts

\_\_\_\_\_ **COMPETITIVE**

Thursdays March 12 – May 14

**POWERLIFTING:**

4:00pm – 5:00pm at the Special Olympics Training Center



\_\_\_\_\_ **INTERESTED IN BECOMING AN ATHLETE LEADER OR JOINING THE ADVISORY COMMITTEE?**

Sign up to get more info and learn how to get started!

Questions? Contact Chris at 440-350-5199 or [Chris.Bundy@LakeBDD.org](mailto:Chris.Bundy@LakeBDD.org)

**IMPORTANT: Return this page with your information to sign up.**

### Special Olympics SPRING 2026 Sports

Please bring a bottle of water and wear comfortable clothing.

Name:

Age:

Phone:

Email Address:

**REGISTRATION DUE by DECEMBER 19, 2025.**

Email/scan to [Chris.Bundy@LakeBDD.org](mailto:Chris.Bundy@LakeBDD.org) or send via US Mail to:

Lake County Board of DD/Deepwood - Special Olympics

8121 Deepwood Boulevard Mentor, OH 44060

## WINTER 2026 (January – February) COMMUNITY RECREATION PROGRAM BROCHURE

Indicate which activities that you wish to register for below. Email/scan this form to [Recreation@LakeBDD.org](mailto:Recreation@LakeBDD.org) or send via US Mail before **DECEMBER 19, 2025**.

Name:	Age:	Date of Birth:
Address:	City:	Zip:
Phone Numbers:	Day:	Evening:
Email for activity contact:		

**If you require any accommodations to participate in Recreation activities,  
PLEASE NOTIFY THE RECREATION SPECIALIST ASSOCIATED WITH THE ACTIVITY.**

January 6 and 20, February 10 and 24	Tuesday Night Movies
January 7 and February 4	Wednesday Night Bingo
February 12	Deepwood Pizza Company
February 26	Murder Mystery Dinner

**\*\*CHOOSE ONLY THREE ACTIVITIES LISTED BELOW.\*\***

The activities listed below have limited capacities for participation. Indicate the activities you are interested in (up to three) and we will do our best to accommodate. Thank you!

January 8, 15, 22, and 29 February 5, 12, 19, and 26	Fitness Club
January 21	Monsters Hockey Game
January 23	Scene 75 Day
January 25	National All Star Cheerleading Championships
January 27 - 28	Winter Camp
January 30	Professional Football Hall of Fame
February 7	Cleveland Valentine Craft and Vendor Market
February 9	WWE Monday Night Raw Wrestling
February 20	Cleveland Auto Show



**STAY SAFE & WARM THIS WINTER!**

**STAY TUNED FOR THE SPRING BROCHURE!**

# LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

## Recreation and Special Olympics Program MEDICATION PROTOCOL



### ***Attention all Recreation Participants, Parents, Guardians, and Providers***

This memo is to clarify how medications will be addressed while on Recreation Community Program activities. The following is the procedure for the administration of medications:

- A. Participants who are able to safely self-administer prescribed medication with or without assistance shall administer his/her own medication independently or receive assistance, as applicable.
- B. The medication may be kept by the participant or with the recreation staff assigned to the activity. Storage of medication will be at the discretion of the recreation staff based on the activity.
- C. If the participant requires medication while on a recreation activity, and is able to self-administer or self-administer with assistance; written notification must be given to Recreation Services staff prior to that activity, including the following information:
  - 1. Participant's self-administration status (i.e. able to self-administer, able to self-administer with assistance);
  - 2. Type of assistance required for self-administration (If applicable);
  - 3. Name of medication(s);
  - 4. Date and time medication is to be administered; and
  - 5. Dosage and quantity of medication to be administered.

In accordance with Rule 5123:2-6-02 Self-Administration or assistance with self-administration of prescribed medication; when an individual has been assessed as able to safely self-administer prescribed medication or self-administer prescribed medication with assistance, developmental disabilities personnel are not authorized to verify accuracy of medication being taken by the individual on a routine basis unless specified in the individual's service plan.

**D. If the participant requires medication administration by licensed or certified personnel**, contact the Recreation Department **PRIOR TO** registering for any activity to discuss available options for the participant's medication needs to be met per the LCBDD Recreation and Special Olympics Medication Protocol Departmental Procedure.

This procedure will be strictly adhered to and participants cannot attend activities without prior notification and/or an agreed upon plan to that complies with applicable Rules.

Thank you for your cooperation in assisting us to ensure everyone's safety during these activities. Our fax number is (440) 350-5135. Please call (440) 350-5165 if you have any questions.



## WAIVER OF LIABILITY

### LCBDD Recreation Brochure, Special Olympics, and Group Activities

In consideration of the opportunity afforded me to participate in Recreation activities with the Lake County Board of DD Recreation Department, in which I have and will participate freely and voluntarily, and in light of this opportunity afforded me, and the aims and services provided to individuals with developmental disabilities by the Lake County Board of DD, I hereby waive any rights or causes of action against the Lake County Board of DD, its board members, managers, employees, officers, directors, participants, collectively or individually, for any and all personal injury to me or members of my family, or damage to my property sustained in connection with my activities or travel for the Lake County Board of DD, or my participation in such activities. This includes activities and trips outlined in the Community Recreation Brochure and Day Program Community Recreation Brochure, Special Olympics, as well as activities facilitated by Recreation personnel through the ancillary groups including but not limited to; School-Age Group, NEXT Club, and Fun Days Group. I fully understand that the activities in which I will engage might include, but are not limited to, physical activity and contact and that I am choosing to participate at my own risk.

The undersigned further declares and represent that no promise, inducement or agreement not herein expressed has been made to the undersigned and that this Waiver contains the entire agreement between the parties hereto, and that the terms of this Waiver are contractual and not mere recital.

**CAUTION: READ BEFORE SIGNING. THIS IS A WAIVER OF ALL YOUR RIGHTS.**

**The undersigned acknowledges READING AND FULLY UNDERSTANDING THE TERMS OF THIS WAIVER.**

#### **PARTICIPANT SIGNATURE (required for any adult with capacity to sign legal documents)**

*By signing this Waiver, I acknowledge that I have completely read and fully understand the potential risk to my participation.*

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### **PARENT/GUARDIAN SIGNATURE (required for anyone who is a minor or lacks capacity to sign legal documents)**

*I am a parent or guardian of the Individual named above. I have read and understand this Waiver and have explained the contents to the Individual as appropriate. By signing, I agree to this Waiver on my own behalf and on behalf of the Individual.*

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

# LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

## Recreation Community Program NOTIFICATION OF INFORMATION

**Thank you for your participation in the LCBDD Recreation Department's catalog of activities!**

In order to provide cost savings, we will be sending the Recreation Community Program quarterly catalog of activities via email to those interested. If your email address changes, please let us know so you will continue to receive information about our Recreation Community Program catalog of activities.

Your contact information:

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

## STAY CONNECTED



Lake County Board of Developmental Disabilities/Deepwood

For the latest updates from the  
LCBDD/Deepwood, sign up to  
receive our E-News to your inbox!



**SUBSCRIBE**

Subscribe to our E-News to receive a monthly email highlighting agency news and upcoming events by completing a short form on our website **[www.LakeBDD.org](http://www.LakeBDD.org)**.

To be directed to our social media pages and website:

- Open the camera app on your smartphone.
- Focus the lens on the QR code below.
- Click the link when it pops up!



LAKE COUNTY BOARD  
OF DD / DEEPWOOD  
*Empower | Engage | Enrich*

