

Lake County Board of Developmental Disabilities

School-Age/Transition Services Recreation Brochure Winter 2026 (January - February)



This **School-Age / Transition** brochure of activities is provided by the LCBDD Recreation Department and is offered to all school-aged individuals (up to 22 years old) who are eligible for County Board services.

Visit www.LakeBDD.org/community-recreation-program to view the School-Age / Transition Services Recreation Brochure and register online.

If you would like to request the School-Age/Transition Recreation Program be sent to you via email or USPS mail, contact us at 440-350-5165 or Sarah.Hurley@LakeBDD.org.

New to the LCBDD? Contact our Service & Support Administration (SSA) at 440-350-5145 or visit www.LakeBDD.org/Eligibility.

Please register for all activities by **January 2, 2026**, via *one* of four ways:

Website	Register at: https://LakeBDD.org/community-recreation-program
Call/Email	Contact Recreation at 440-350-5165 or email Sarah.Hurley@LakeBDD.org
Mail	Fill out the registration form and mail it to: Lake County Board of DD/Deepwood c/o Recreation Services 8121 Deepwood Boulevard, Mentor, OH 44060

If you miss the registration deadline and still wish to participate, please give us a call!

DO NOT send money at this time. If a fee is due, please bring payment at the time of activity.

Clubs ❄️

Fit Club



What: Workout with Recreation in our very own training center!
Where: Meet at Broadmoor Special Olympics Training Center
When: 4:00 pm – 5:00 pm on Tuesdays.
January 13, 27 February 10, 24
Cost: FREE (Bring water and wear closed-toe shoes)

Bowling Club



What: Have some “spare” time? Meet monthly to bowl with Recreation!
Where: Meet at the Recreation Site, Bowl at Rollhouse Mentor
When: Last Tuesdays of the month from 4:00 pm to 6:00 pm
January 20, February 17
Cost: \$10.00

Creative Arts Club



What: Art is for everyone! Come express your creativity!
Where: Recreation Site
When: Thursday, January 22 from 4:30 pm to 6:00 pm - DIY Mittens. (\$10)
Friday, February 6 from 4:30 pm to 5:30 pm - Heart Art (\$5)
Cost: (See memo for individual craft prices.)

On Campus Events ❄️

Snow Much Fun!



What: Do you want to build a snowman? Join us for snowy fun & cocoa!
Where: Recreation Site
When: Saturday, January 3 from 10:30 am to 12:00 pm
Cost: FREE
Note: Dependent upon snowfall! Wear warm winter clothes.

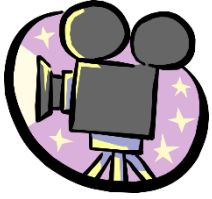
Winter Snowshoeing



What: Enjoy a wintery walk in the woods as you learn to snowshoe!
Where: Meet at Recreation Site
When: Thursdays from 4:00 pm to 5:00 pm
January 15, 29 February 12, 19
Cost: FREE
Note: Dependent upon snow; wear winter clothing (hat, gloves, boots).

SCHOOL-AGE/TRANSITION WINTER 2026 RECREATION BROCHURE

Thursday Movie Night



What: Enjoy old and new movies (Happy Feet) with a pizza night!
Where: VGC Training Room
When: Thursday, February 5 from 4:30 pm to 7:00 pm
Cost: \$5.00 for pizza and pop (\$11.00 for a gluten free pizza)

Sledding at Recreation



What: Enjoy sliding down the hill on one of our sleds/snow tubes or bring your own for a morning of fun and hot cocoa!
Where: Recreation Site
When: Saturday, February 7 from 10:30 am to 12:00 pm
Cost: Free
Note: Dependent upon snow; wear warm winter clothing.

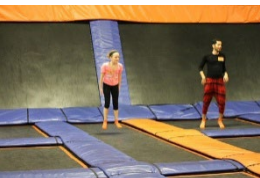
Mario Kart Racers



What: Enjoy racing friends at Mario Kart during a pizza party!
Where: VGC Training Room
When: Friday, February 20 from 4:30 pm to 6:30 pm
Cost: \$5.00 for Pizza and Pop (Gluten Free is \$11.00)

Community Trips ❄️

SkyZone Trampoline Park



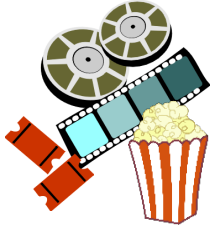
What: Enjoy an hour and a half of jump-time followed by lunch!
Where: Meet at the Recreation Site, Travel to Northfield
When: Friday, January 2 from 10:30 am to 2:30 pm
Cost: \$30.00 (bring extra money for lunch) **SIGN UP BY DECEMBER 19.**
Note: Must be able to independently jump and follow safety guidelines.

Escape Room



What: Work together to solve the case of the Super Plumber Bro's by cracking puzzles in this escape room adventure, followed by lunch.
Where: Meet at the Recreation Site, Travel to Escape Room Mentor
When: Saturday, January 24 from 10:00 am to 1:00 pm
Cost: \$30.00 (bring extra money for lunch)
Note: Limited to 8 Sign-Ups.

Atlas Movie Day



- What:** Enjoy the latest films at Atlas Diamond Center! Movie TBA.
Where: Meet at the Recreation Site, Travel to Atlas Cinema
When: Tuesday, January 27 from 9:15 am to 2:00 pm
Tuesday, February 24 from 9:15 am to 2:00 pm
Cost: \$12.00 (includes ticket and popcorn/drink).
Note: Please pack a lunch to eat.

Polar Blast Snow Tubing



- What:** Enjoy snow tubing at Brandywine Resort followed by lunch!
Where: Meet at the Recreation Site, Travel to Northfield
When: Saturday, February 21 from 10:00 am to 2:30 pm
Cost: \$30.00
Note: Must be able to sit in a snow tube by yourself.

Transition-Age Students Only (14-22 Years) ❄️

Winter Wonderland



- What:** Join Recreation and Transition Services to learn more about the LCBDD and Recreation, search in a wintery scavenger hunt, and meet Santa!
Where: VGC Training Room and Cafeteria
When: Thursday, December 11 from 5:30 pm to 7:00 pm
Notes: When signing up, include all family attending in addition to the student. Parent-to-Parent informational session will occur at the same time.
Cost: FREE. Light snacks provided.
Register at Transition.Services@LakeBDD.org or 440-350-5071.

Youth Empowerment Group



- What:** Meet with SSAs and friends to learn and discuss topics like self-advocacy, independence, effective communication, community participation, and more.
Where: 8121 Deepwood Blvd, Building C, Mentor OH 44060
When: Second Thursdays from 5:30 pm - 6:30 pm (January 8, February 12)
Notes: FREE! Participants must be 14 - 22 years old who are eligible for LCBDD services. Food will be provided and a parent café will be open for parent collaboration during the meetings. Doors open at 5:00 pm.
Cost: FREE
Register at Transition.Services@LakeBDD.org or 440-350-5071.

Special Olympics – Registration Form

Registrations must be received by December 19, 2025.

How to Register:

1. Complete this page with your interests and contact information.
2. Submit your registration using one of the following methods:
 - Email/Scan to Chris.Bundy@LakeBDD.org
 - Mail to Lake County Board of DD/Deepwood – Special Olympics
8121 Deepwood Boulevard, Mentor, OH 44060

DANCE (DEEPWOOD DANCERS PERFORMANCE TEAM):

Tryouts – February 19 at 6:00 pm. Practices will be held weekly on Thursdays February 26 through April 6:00 pm – 7:00 pm at VGC.

Strong commitment and attendance are necessary!

Questions? Contact 440-350-5137 or Ellana.Fishwick@LakeBDD.org

BOCCE:

Tuesdays March 10 – May 12

4:00 pm - 5:00 pm at Wickliffe Italian & American Club



TRACK & FIELD:

Wednesdays March 11 – May 13

4:00 pm - 5:00 pm at Ridge Jr. High School Track



VOLLEYBALL:

Wednesdays March 11 – May 13

4:00 pm - 5:00 pm at Broadmoor School



TENNIS:

Thursdays March 12 – May 14

3:00 pm - 4:00 pm at Walsh Park Tennis Courts



COMPETITIVE

Thursdays March 12 – May 14

POWERLIFTING:

4:00 pm – 5:00 pm at the Special Olympics Training Center



I am interested in becoming an Athlete Leader or joining the Advisory Committee and would like more information.

Special Olympics SPRING 2026 Sports

Please bring a bottle of water and wear comfortable clothing.

Name:

Age:

Phone:

Email Address:

Questions? Contact Chris at 440-350-5199 or Chris.Bundy@LakeBDD.org

SCHOOL-AGE/TRANSITION WINTER 2026 RECREATION BROCHURE

Name:	Age/DOB:	
Address:	City:	Zip:
Cell Number(s):	Email:	

If you require any accommodations to participate in Recreation activities, call 440-350-5165 or email Sarah.Hurley@LakeBDD.org. If multiple dates are listed for an activity below, please circle the dates you want to attend.

Date of Activity	Activity
CLUBS/ON-CAMPUS ACTIVITIES	
January 13 and 27, February 10 and 24	Fit Club
January 15 and 29, February 12 and 19	Winter Snowshoeing Club
January 20 and February 17	Bowling Club
January 22 and February 6	Creative Arts Club
January 3	Snow Much Fun!
February 5	Thursday Movie Night
February 7	Sledding at Recreation
February 20	Mario Kart Racers
December 11	Winter Wonderland (Email Transition.Services@LakeBDD.org to attend)
January 8 and February 12	Youth Empowerment Group (Email Transition.Services@LakeBDD.org to attend)
COMMUNITY TRIPS	
January 2	SkyZone Trampoline Park
January 24	Escape Room
February 21	Polar Blast Snow Tubing
January 27 and February 24	Atlas Movie Day

LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

Recreation and Special Olympics Program MEDICATION PROTOCOL



Attention all Recreation Participants, Parents, Guardians, and Providers

This memo is to clarify how medications will be addressed while on Recreation Community Program activities. The following is the procedure for the administration of medications:

- A. Participants who are able to safely self-administer prescribed medication with or without assistance shall administer his/her own medication independently or receive assistance, as applicable.
- B. The medication may be kept by the participant or with the recreation staff assigned to the activity. Storage of medication will be at the discretion of the recreation staff based on the activity.
- C. If the participant requires medication while on a recreation activity, and is able to self-administer or self-administer with assistance; written notification must be given to Recreation Services staff prior to that activity, including the following information:
 - 1. Participant's self-administration status (i.e., able to self-administer, able to self-administer with assistance);
 - 2. Type of assistance required for self-administration (If applicable);
 - 3. Name of medication(s);
 - 4. Date and time medication is to be administered; and
 - 5. Dosage and quantity of medication to be administered.

In accordance with Rule 5123:2-6-02 Self-Administration or assistance with self-administration of prescribed medication; when an individual has been assessed as able to safely self-administer prescribed medication or self-administer prescribed medication with assistance, developmental disabilities personnel are not authorized to verify accuracy of medication being taken by the individual on a routine basis unless specified in the individual's service plan.

D. If the participant requires medication administration by licensed or certified personnel, contact the Recreation Department **PRIOR TO** registering for any activity to discuss available options for the participant's medication needs to be met per the LCBDD Recreation and Special Olympics Medication Protocol Departmental Procedure.

This procedure will be strictly adhered to and participants cannot attend activities without prior notification and/or an agreed upon plan to that complies with applicable Rules.

Thank you for your cooperation in assisting us to ensure everyone's safety during these activities. Our fax number is 440-350-5135. Please call 440-350-5165 if you have any questions.

WAIVER OF LIABILITY

LCBDD Recreation Brochure, Special Olympics, and Group Activities

In consideration of the opportunity afforded me to participate in Recreation activities with the Lake County Board of DD Recreation Department, in which I have and will participate freely and voluntarily, and in light of this opportunity afforded me, and the aims and services provided to individuals with developmental disabilities by the Lake County Board of DD, I hereby waive any rights or causes of action against the Lake County Board of DD, its board members, managers, employees, officers, directors, participants, collectively or individually, for any and all personal injury to me or members of my family, or damage to my property sustained in connection with my activities or travel for the Lake County Board of DD, or my participation in such activities. This includes activities and trips outlined in the Community Recreation Brochure and Day Program Community Recreation Brochure, Special Olympics, as well as activities facilitated by Recreation personnel through the ancillary groups including but not limited to; School-Age Group, NEXT Club, and Fun Days Group. I fully understand that the activities in which I will engage might include, but are not limited to, physical activity and contact and that I am choosing to participate at my own risk.

The undersigned further declares and represents that no promise, inducement, or agreement not herein expressed has been made to the undersigned and that this Waiver contains the entire agreement between the parties hereto, and that the terms of this Waiver are contractual and not mere recital.

CAUTION: READ BEFORE SIGNING. THIS IS A WAIVER OF ALL YOUR RIGHTS.

The undersigned acknowledges READING AND FULLY UNDERSTANDING THE TERMS OF THIS WAIVER.

PARTICIPANT SIGNATURE (required for any adult with capacity to sign legal documents)

By signing this Waiver, I acknowledge that I have completely read and fully understand the potential risk to my participation.

Participant Signature: _____ Date: _____

PARENT/GUARDIAN SIGNATURE (required for anyone who is a minor or lacks capacity to sign legal documents)

I am a parent or guardian of the Individual named above. I have read and understand this Waiver and have explained the contents to the Individual as appropriate. By signing, I agree to this Waiver on my own behalf and on behalf of the Individual.

Parent/Guardian Signature: _____ Date: _____

Printed Name: _____ Relationship: _____

Recreation Community Program

NOTIFICATION OF INFORMATION

Thank you for your participation in the LCBDD Recreation Department's brochure of activities!

In order to provide cost savings, we will be sending the quarterly Recreation Community Program Brochure of activities via email to those interested. If your email address changes, please let us know so you will continue to receive information about our Recreation Community Program catalog of activities.

Your contact information:

Name: _____

Email Address: _____

STAY CONNECTED



Lake County Board of Developmental Disabilities/Deepwood

For the latest updates from the LCBDD/Deepwood, sign up to receive our E-News to your inbox!



SUBSCRIBE

Subscribe to our E-News to receive a monthly email highlighting agency news and upcoming events by completing a short form on our website **www.LakeBDD.org**.

To be directed to our social media pages and website:

- Open the camera app on your smartphone.
- Focus the lens on the QR code below.
- Click the link when it pops up!



LAKE COUNTY BOARD
OF DD / DEEPWOOD

Empower | Engage | Enrich

