

Lake County Board of Developmental Disabilities

Community Recreation Program Brochure Spring 2026 (March – May)



This Community Recreation Program brochure of activities is provided by the LCBDD/Deepwood Recreation Department and is offered to individuals who reside in Lake County who have been determined eligible for County Board services.

The Recreation Department does not dispense any medications. If you will be taking medication, please notify us (see our medication policy in this packet).

Questions? Contact 440-350-5165.

Go to our website at www.LakeBDD.org/community-recreation-program/ to view county board recreation services and **REGISTER ONLINE.**

If you are interested in signing up to attend any of the **SPRING 2026** activities, please register by **FEBRUARY 27, 2026** via one of five ways:

Website	Register at https://LakeBDD.org/community-recreation-registration/ .
Call/Email	Contact the Recreation Specialist associated with the activity of interest, call 440-350-5165, or email Recreation@LakeBDD.org .
Mail/Drop Off	Fill out the registration form and drop off/send to: Lake County Board of DD/Deepwood c/o Recreation Services 8121 Deepwood Boulevard, Mentor, Ohio 44060

If you miss the registration deadline and still wish to participate, please give us a call!

DO NOT send money at time of registration. Please bring any fees/payment to the activity.

Are you interested in **volunteering** for Community Recreation or Special Olympics activities?
Call 440-350-5173 or email Volunteer@LakeBDD.org.

Community Recreation Activities - On Campus Activities

Wednesday Night Bingo



- What:** B-I-N-G-O! Play for cool prizes and have fun with friends!
Where: VGC Cafeteria
When: First Wednesdays from 5:00 PM - 6:30 PM
March 4, April 1, May 6
Cost: FREE (Bring Money for Snacks.)
Questions? Contact Deb at 440-350-5149 or Deb.Topalian@LakeBDD.org

Tuesday Night Movies



- What:** Join Recreation for Movie Night!
Where: VGC Training Room (Brown Room)
When: Every second and fourth Tuesday from 5:30 PM - 7:30 PM
March 10: How to Train your Dragon
March 24: Jungle 2 Jungle
April 7: Lilo & Stitch
April 21: The Marvels 2023
May 12: Flubber
May 26: Turner and Hooch
Cost: FREE (Bring Money for Snacks.)
Questions? Contact Deb at 440-350-5149 or Deb.Topalian@LakeBDD.org

The Great Snack Off



- What:** Gather to learn how to make some sweet and savory snacks!
Where: VGC Cafeteria
When: Saturday, March 21 from 10:30 AM – 12:00 PM
Cost: \$15
Note: Please specify any food allergies during registration.
Questions? Contact Sarah at 440-350-5232 or Sarah.Hurley@LakeBDD.org

Spring Craft Night



- What:** Express your creativity by making an Easter craft!
Where: VGC Cafeteria
When: Wednesday, March 25 from 5:00 PM – 6:00 PM
Cost: \$10 (Snack provided)
Note: For planning purposes, prepayment is required.
Questions? Contact Kara at 440-350-5144 or Kara.Shubert@LakeBDD.org

2026 Deepwood Grand Prix



- What:** Design, build, decorate, and race your own derby car in the second annual Deepwood Grand Prix! Try to attend all three dates. Let's see who takes home a trophy!
- Where:** Recreation Site for Build Days, VGC Cafeteria for Race Day
- When:** Thursday, May 7 from 4:00 PM – 6:00 PM (Build Day 1)
Thursday, May 14 from 4:00 PM – 6:00 PM (Build Day 2)
Saturday, May 16 from 11:00 AM – 1:00 PM (Race Day)
- Cost:** \$25 for all three days – payment due on May 7
- Note:** Trophies will be given out to the top three winners!
Race day will include snacks and a movie.
- Questions?** Contact Michael at 440-350-5235 or Michael.Shubert@LakeBDD.org

Community Trips and Outings

Musical Comedy Performance at Harvey



- What:** Enjoy watching *A Gentleman's Guide to Love and Murder* performed live at Harvey's Spring Musical!
- Where:** Meet at the Recreation Site, Travel to Harvey High School
- When:** Sunday, March 8 from 1:30 PM – 5:15 PM
- Cost:** \$8 – Bring \$10 extra for snacks/drinks during intermission.
- Questions?** Contact Kara at 440-350-5144 or Kara.Shubert@LakeBDD.org

Aurora Farms Outlets - Shopping



- What:** Enjoy a day at the outlet mall with Recreation!
- Where:** Meet at the Recreation Site, travel to Aurora Farms
- When:** Wednesday, March 11 from 10:00 AM - 2:00 PM
- Cost:** Bring money for spending and lunch.
- Questions?** Contact Michael at 440-350-5235 or Michael.Shubert@LakeBDD.org

Please note: Some activities may be limited to a certain number of participants. We strive to accommodate everyone interested, but flexibility may be needed at times. When you are signed up for an activity, you will receive a confirmation memo. If you are unsure or have questions, please call 440-350-5165.

Groove and Gather: Battle of the Bands



- What:** Rock out to some local music and stop for lunch!
Where: Meet at the Recreation Site, travel to Wellington
When: Saturday, March 14 from 11:00 AM – 5:00 PM
Cost: \$20 for lunch + \$17 for ticket
Note: Limited to 12 participants.
Questions? Contact Ellana at 440-350-5137 or Ellana.fishwick@LakeBDD.org

Monsters Hockey Game



- What:** Cheer on Cleveland's own Lake Erie Monsters Hockey team!
Where: Meet at the Recreation Site, Travel to Cleveland
When: Thursday, March 26 from 6:15 PM - 10:30 PM
Cost: \$30
Questions? Contact Mike at 440-350-5136 or Mike.Terhart@LakeBDD.org

Aerobics Dance Class



- What:** Have fun while getting in shape!
Where: Meet at Willoughby Senior Center
When: Wednesdays in April from 5:00 PM – 6:00 PM
April 1, 8, 15, and 22
Cost: \$20 for all four sessions.
Questions? Contact Ellana at 440-350-5137 or Ellana.Fishwick@LakeBDD.org

Cavs Basketball Game



- What:** Cheer on the Cleveland Cavaliers as they face the Hawks!
Where: Meet at the Recreation Site, Travel to Cleveland
When: Wednesday, April 8 from 6:00 PM - 10:30 PM
Cost: \$65
Note: Limited seats available.
Questions? Contact Mike at 440-350-5136 or Mike.Terhart@LakeBDD.org



West Side Market



- What:** Visit West Side Market and find food from around the world!
Where: Meet at the Recreation Site, travel to Ohio City
When: Friday, April 17 from 10:00 AM - 2:00 PM
Cost: Bring money for spending and lunch.
Note: Please dress for the weather.
Questions? Contact Michael at 440-350-5235 or Michael.Shubert@LakeBDD.org

Museum of Natural History



- What:** Explore the new exhibits, take in the 3D theater, and walk the nature center.
Where: Meet at the Recreation Site, travel to University Circle
When: Friday, April 24 from 9:30 AM - 2:00 PM
Cost: \$8 - Bring \$20 extra for lunch.
Note: Limited to 12 participants.
Questions? Contact Sarah at 440-350-5232 or Sarah.Hurley@LakeBDD.org

Columbus Overnight – Zoo & State House



- What:** Lions and tigers and bears, oh my! Enjoy a trip to Columbus to see animals at the zoo and the Ohio State House.
Where: Columbus Zoo
When: Friday, May 1 – Saturday, May 2
Drop Off: Friday, May 1 at 9:00 AM at Recreation Site
Pick-Up: Saturday, May 2 at 5:00 PM at Recreation Site
Cost: \$130 Total (Kara will provide more details in confirmation.)
Notes: Limited to 25 participants. Bring sunscreen/hat and comfortable walking shoes. Everyone **must** bring a packed lunch and drink to eat during the State House Tour on Friday.
Questions? Contact Kara at 440-350-5144 or Kara.Shubert@LakeBDD.org

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Contact 440-350-5165 or Recreation@LakeBDD.org with any questions and/or to be matched with the activities that interest you!

Richfield Goat Derby



- What:** Don your Derby gear, we're off to the (goat) races at Richfield Heritage Preserve!
- Where:** Meet at the Recreation Site, travel to Richfield
- When:** Saturday, May 2 from 10:45 AM - 3:00 PM
- Cost:** Bring \$20 or pack a lunch.
- Note:** Limited to 12 participants.
- Questions?** Contact Sarah at 440-350-5232 or Sarah.Hurley@LakeBDD.org

Sweeties Chocolates, Grandpa's Cheesebarn, & Lunch



- What:** Take a trip to buy some goodies and enjoy lunch out!
- Where:** Meet at Recreation Site, travel to Ashland
- When:** Saturday, May 9 from 10:00 AM – 4:00 PM
- Cost:** \$20 for lunch + spending money.
- Questions?** Contact Ellana at 440-350-5137 or Ellana.Fishwick@LakeBDD.org

"The Outsiders" Musical at Playhouse Square



- What:** A night out to the theater to see *The Outsiders*!
- Where:** Meet at the Recreation Site; travel to Playhouse Square
- When:** Wednesday, May 13 from 6:30 PM – 10:30 PM
- Cost:** \$95
- Note:** Limited seats available.
- Questions?** Contact Mike at 440-350-5136 or Mike.Terhart@LakeBDD.org

We have begun offering activities for specific groups. Please reference the information below and contact the corresponding Recreation Specialist for more information.

School-Age (up to age 22 years)	Contact 440-350-5232 or Sarah.Hurley@LakeBDD.org
NEXT Club (ages 22 – 40 years)	Contact 440-350-5235 or Michael.Shubert@LakeBDD.org
Fun Days Group (Tuesdays/Thursdays)	Contact 440-350-5144 or Kara.Shubert@LakeBDD.org

SPRING 2026 (March – May) COMMUNITY RECREATION PROGRAM BROCHURE

Indicate which activities that you wish to register for below. Email/scan this form to Recreation@LakeBDD.org or send via US Mail before **FEBRUARY 27, 2026**.

Name:	Age:	Date of Birth:
Address:	City:	Zip:
Phone Numbers:	Day:	Evening:

Email for activity contact:

If you require any accommodations to participate in Recreation activities, PLEASE NOTIFY THE RECREATION SPECIALIST ASSOCIATED WITH THE ACTIVITY.

March 4, April 1, May 6	Wednesday Night Bingo
March 10 and 24, April 7 and 21, May 12 and 26	Tuesday Night Movies
March 21	The Great Snack Off
March 25	Spring Craft Night
May 7, 14, and 16	2026 Deepwood Grand Prix

****CHOOSE ONLY THREE ACTIVITIES LISTED BELOW.****

The activities listed below have limited capacities for participation. Indicate the activities you are interested in (up to three) and we will do our best to accommodate. Thank you!

March 8	Musical Comedy Performance at Harvey
March 11	Aurora Farms Outlets – Shopping
March 14	Groove and Gather: Battle of the Bands
March 26	Monsters Hockey Game
April 1, 8, 15, and 22	Aerobics Dance Class
April 8	Cavs Basketball Game
April 17	West Side Market
April 24	Museum of Natural History
May 1 - 2	Columbus Overnight – Zoo & State House
May 2	Richfield Goat Derby
May 9	Sweeties Chocolates, Grandpa's Cheesebarn, & Lunch
May 13	"The Outsiders" Musical at Playhouse Square



LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES / DEEPWOOD

Recreation and Special Olympics Program MEDICATION PROTOCOL



Attention all Recreation Participants, Parents, Guardians, and Providers

This memo is to clarify how medications will be addressed while on Recreation Community Program activities. The following is the procedure for the administration of medications:

- A. Participants who are able to safely self-administer prescribed medication with or without assistance shall administer his/her own medication independently or receive assistance, as applicable.
- B. The medication may be kept by the participant or with the recreation staff assigned to the activity. Storage of medication will be at the discretion of the recreation staff based on the activity.
- C. If the participant requires medication while on a recreation activity, and is able to self-administer or self-administer with assistance; written notification must be given to Recreation Services staff prior to that activity, including the following information:
 - 1. Participant's self-administration status (i.e. able to self-administer, able to self-administer with assistance);
 - 2. Type of assistance required for self-administration (If applicable);
 - 3. Name of medication(s);
 - 4. Date and time medication is to be administered; and
 - 5. Dosage and quantity of medication to be administered.

In accordance with Rule 5123:2-6-02 Self-Administration or assistance with self-administration of prescribed medication; when an individual has been assessed as able to safely self-administer prescribed medication or self-administer prescribed medication with assistance, developmental disabilities personnel are not authorized to verify accuracy of medication being taken by the individual on a routine basis unless specified in the individual's service plan.

D. If the participant requires medication administration by licensed or certified personnel, contact the Recreation Department **PRIOR TO** registering for any activity to discuss available options for the participant's medication needs to be met per the LCBDD Recreation and Special Olympics Medication Protocol Departmental Procedure.

This procedure will be strictly adhered to and participants cannot attend activities without prior notification and/or an agreed upon plan to that complies with applicable Rules.

Thank you for your cooperation in assisting us to ensure everyone's safety during these activities. Our fax number is (440) 350-5135. Please call (440) 350-5165 if you have any questions.

WAIVER OF LIABILITY

LCBDD Recreation Brochure, Special Olympics, and Group Activities

In consideration of the opportunity afforded me to participate in Recreation activities with the Lake County Board of DD Recreation Department, in which I have and will participate freely and voluntarily, and in light of this opportunity afforded me, and the aims and services provided to individuals with developmental disabilities by the Lake County Board of DD, I hereby waive any rights or causes of action against the Lake County Board of DD, its board members, managers, employees, officers, directors, participants, collectively or individually, for any and all personal injury to me or members of my family, or damage to my property sustained in connection with my activities or travel for the Lake County Board of DD, or my participation in such activities. This includes activities and trips outlined in the Community Recreation Brochure and Day Program Community Recreation Brochure, Special Olympics, as well as activities facilitated by Recreation personnel through the ancillary groups including but not limited to; School-Age Group, NEXT Club, and Fun Days Group. I fully understand that the activities in which I will engage might include, but are not limited to, physical activity and contact and that I am choosing to participate at my own risk.

The undersigned further declares and represent that no promise, inducement or agreement not herein expressed has been made to the undersigned and that this Waiver contains the entire agreement between the parties hereto, and that the terms of this Waiver are contractual and not mere recital.

CAUTION: READ BEFORE SIGNING. THIS IS A WAIVER OF ALL YOUR RIGHTS.

The undersigned acknowledges READING AND FULLY UNDERSTANDING THE TERMS OF THIS WAIVER.

PARTICIPANT SIGNATURE (required for any adult with capacity to sign legal documents)

By signing this Waiver, I acknowledge that I have completely read and fully understand the potential risk to my participation.

Participant Signature: _____ Date: _____

PARENT/GUARDIAN SIGNATURE (required for anyone who is a minor or lacks capacity to sign legal documents)

I am a parent or guardian of the Individual named above. I have read and understand this Waiver and have explained the contents to the Individual as appropriate. By signing, I agree to this Waiver on my own behalf and on behalf of the Individual.

Parent/Guardian Signature: _____ Date: _____

Printed Name: _____ Relationship: _____

LAKE COUNTY BOARD OF DEVELOPMENTAL DISABILITIES/ DEEPWOOD

Recreation Community Program NOTIFICATION OF INFORMATION

Thank you for your participation in the LCBDD Recreation Department's catalog of activities!

In order to provide cost savings, we will be sending the Recreation Community Program quarterly catalog of activities via email to those interested. If your email address changes, please let us know so you will continue to receive information about our Recreation Community Program catalog of activities.

Your contact information:

Name: _____

Email Address: _____

STAY CONNECTED



Lake County Board of Developmental Disabilities/Deepwood

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LCBDD/Deepwood, sign up to
receive our E-News to your inbox!



SUBSCRIBE

Subscribe to our E-News to receive a monthly email highlighting agency news and upcoming events by completing a short form on our website **www.LakeBDD.org**.

To be directed to our social media pages and website:

- Open the camera app on your smartphone.
- Focus the lens on the QR code below.
- Click the link when it pops up!



LAKE COUNTY BOARD
OF DD / DEEPWOOD
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