

# Lake County Board of Developmental Disabilities

## Day Program Brochure Spring 2026 (March – May)



This Day Program Recreation Program brochure of activities is provided by the LCBDD / Deepwood Recreation Department and is offered to all persons served through the County Board, without regard to age or ability.

Please Note: The Recreation Department does not dispense any medications.

Questions? Contact 440-350-5137 or visit [www.LakeBDD.org](http://www.LakeBDD.org).

If you are interested in attending any or all of the **SPRING 2026** activities, please register by **FEBRUARY 28, 2026** by contacting Ellana at 440-350-5137 or at [Ellana.Fishwick@LakeBDD.org](mailto:Ellana.Fishwick@LakeBDD.org).

If you miss the registration deadline and still wish to participate, please give us a call!

DO NOT send money at time of registration. Please bring any fees/payment to the activity.

Are you interested in **volunteering** for Community Recreation or Special Olympics activities?

Call 440-350-5173 or email [volunteer@LakeBDD.org](mailto:volunteer@LakeBDD.org).

## STAY CONNECTED



Lake County Board of Developmental Disabilities/Deepwood

For the latest updates from the LCBDD/Deepwood, sign up to receive our E-News to your inbox!



**SUBSCRIBE**

Subscribe to our E-News to receive a monthly email highlighting agency news and upcoming events by completing a short form on our website [www.LakeBDD.org](http://www.LakeBDD.org).

To be directed to our social media pages and website:

- Open the camera app on your smartphone.
- Focus the lens on the QR code below.
- Click the link when it pops up!



LAKE COUNTY BOARD  
OF DD / DEEPWOOD

Empower | Engage | Enrich



## Recreation Activities

### YOGA



**What:** Easy Yoga for sitting or standing.

**Where:** Branches of Wellness, Painesville Square

**Dates:** March 4, 11, April 8, 22, May 6, 13

**Time:** 10:30 AM - 11:30 AM

**Cost:** \$10.00 per class

**Notes:** Please wear comfortable clothes and bring a water bottle.

### BOWLING



**What:** Come Bowling with friends!

**Where:** Wickliffe Lanes, Wickliffe

**Dates:** Fridays – March 6, April 10, May 15

**Time:** 10:00 AM – 12:00 PM

**Cost:** \$8.00

**Notes:** Bring a snack/lunch or money to purchase snacks.

### CRAWFORD AUTO-AVIATION MUSEUM



**What:** Check out Cleveland's Auto Museum.

**Where:** University Circle

**Dates (Choose One):** March 5, 13, 19

**Time:** 10:00 AM - 12:00 PM

**Cost:** \$3 per person (Staff are free)

### ROCK AND ROLL HALL OF FAME



**What:** Rock and Roll Hall of Fame

**Where:** East 9<sup>th</sup> Pier, Downtown Cleveland

**Dates (Choose One):** April 9, 16, 23, 29

**Time:** 10:00 AM - 1:00 PM

**Cost:** \$1 per person (Staff are free)

### MOVIE DAY



**What:** Join your friends for the latest shows!

**Where:** Atlas Cinema Diamond Center, Mentor

**Dates:** March 20, April 24, May 22

**Times:** 10:00 AM – 12:30 PM

**Cost:** \$6.00 per ticket + \$6.00 for popcorn/pop combo

**Notes:** Movie will be announced close to the date (G, PG, PG-13).

## TRINITY CATHEDRAL CONCERT



**What:** Enjoy live music while having lunch!

**Where:** Trinity Cathedral, 2230 Euclid Avenue Cleveland

**Dates:** March 18 – CSU Percussion Ensemble

April 1 – Cleveland Chamber Choir

**Times:** 12:00 PM – 1:00 PM

**Cost:** Free

**Notes:** Groups are welcome to bring bagged lunches.

## THE PACK: DRUMLINE



**What:** Enjoy a trip to the theater at Playhouse Square!

**Where:** State Theater, Playhouse Square

**Show:** The Pack Drumline School

**Date and Time:** Thursday, April 30 at 10:00 AM

**Cost:** \$7 per person – Reserve your spots ASAP!

## ZOO TRIPS



**What:** Join you friends to see the animals at the zoo!

**Where:** Cleveland Metroparks Zoo

**Dates (Choose One):** May 8, 21, 27

**Time:** 10:30 AM - 1:30 PM

**Cost:** \$8.00

**Notes:** Bring a bagged lunch or money to purchase lunch.

## CAPTAIN'S GAME



**What:** Take me out to the ball game, with friends!

**Where:** Classic Park, Eastlake

**Dates:** May 20, June 10, June 24

**Times:** Games start at 11:05 AM.

**Cost:** \$20 (includes lunch)

**Notes:** Reservations MUST be made a month in advance.

## GOODTIME III



**Where:** East Ninth Street Pier, Downtown Cleveland

**Date:** May 28, 2026

**Time:** Arrive at 9:45 AM, boat ride is 10:30 AM - 12:30 PM

**Cost:** \$12 (staff free) - Bagged lunches welcome!

Snacks are available for purchase.

## SPRING 2026 (March – May) DAY PROGRAM RECREATION BROCHURE

Indicate which activities that you wish to register for below. Email/scan this form to [Ellana.Fishwick@LakeBDD.org](mailto:Ellana.Fishwick@LakeBDD.org) or call 440-350-5137 before **FEBRUARY 28, 2026**.

You can attend **any or all** of the **SPRING 2026** activities.

**Provider Name:**

**Address:**

**City:**

**Zip:**

**Phone Number:**

**Email for Activity Contact:**

When several dates are listed, please circle the date(s) attending.	Individual/Staff Number Attending	Activity/Date

## WAIVER OF LIABILITY

### LCBDD Recreation Brochure, Special Olympics, and Group Activities

In consideration of the opportunity afforded me to participate in Recreation activities with the Lake County Board of DD Recreation Department, in which I have and will participate freely and voluntarily, and in light of this opportunity afforded me, and the aims and services provided to individuals with developmental disabilities by the Lake County Board of DD, I hereby waive any rights or causes of action against the Lake County Board of DD, its board members, managers, employees, officers, directors, participants, collectively or individually, for any and all personal injury to me or members of my family, or damage to my property sustained in connection with my activities or travel for the Lake County Board of DD, or my participation in such activities. This includes activities and trips outlined in the Community Recreation Brochure and Day Program Community Recreation Brochure, Special Olympics, as well as activities facilitated by Recreation personnel through the ancillary groups including but not limited to; School-Age Group, NEXT Club, and Fun Days Group. I fully understand that the activities in which I will engage might include, but are not limited to, physical activity and contact and that I am choosing to participate at my own risk.

The undersigned further declares and represent that no promise, inducement or agreement not herein expressed has been made to the undersigned and that this Waiver contains the entire agreement between the parties hereto, and that the terms of this Waiver are contractual and not mere recital.

**CAUTION: READ BEFORE SIGNING. THIS IS A WAIVER OF ALL YOUR RIGHTS.**

**The undersigned acknowledges READING AND FULLY UNDERSTANDING THE TERMS OF THIS WAIVER.**

#### **PARTICIPANT SIGNATURE (required for any adult with capacity to sign legal documents)**

*By signing this Waiver, I acknowledge that I have completely read and fully understand the potential risk to my participation.*

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### **PARENT/GUARDIAN SIGNATURE (required for anyone who is a minor or lacks capacity to sign legal documents)**

*I am a parent or guardian of the Individual named above. I have read and understand this Waiver and have explained the contents to the Individual as appropriate. By signing, I agree to this Waiver on my own behalf and on behalf of the Individual.*

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Relationship: \_\_\_\_\_